



St Mary's Newsletter

TERM 4, WEEK 3

What another great week we had at St Mary's last week!! We had both Kinder groups (Cohuna and Leitchville) through the school working with Mrs Walker, our staff have migrated from Google to Microsoft (M365) and we celebrated Grandparents' and Special Friends' day on Friday (through the wild weather). We will re-set our fete for 2 weeks, and go again on Friday 1st November. I did the calculations (just for fun) and our learners have 40 more school days left this year! We plan on making every day count! This week our learners begin their tennis coaching sessions at the Cohuna Lawn Tennis club. On Friday we will hold our first 2025 Prep Transition session with next year's Preppies! Also on Friday we celebrate teachers with the annual World Teachers Day. The theme is 'Hats off to teachers' so we are inviting all learners to wear whatever hat they would like to school.

On Sunday we celebrated World Mission Sunday at mass. This day is devoted to those in our world who are actively preaching the Gospel and witnessing to Christ's love in foreign missions. They are doing this in response to a special call from the Lord. I found it very fitting that this Mission Sunday was Fr Dean's last Sunday with us at St Mary's Cohuna before he leaves for the Philippines to follow his own calling of missionary work. Fr Dean spoke on Sunday of how much he has enjoyed his first Parish Priest posting in our three parishes (Cohuna, Kerang and Pyramid Hill). He also spoke of how his heart is calling him to work with those underprivileged women, men and children in his home country, the Philippines. Fr Dean has been the face of God for us at St Mary's for the last 2 and a half years and now it is our turn to share the Good News of God and the story of Jesus with those around us. We wish Fr Dean all the very best and hope and pray that we will see him again in Cohuna down the track.

The teachers have spoken to our learners recently about maintaining high dress standards with our school uniform. Just a reminder that boys are required to wear: navy polo – long sleeve or short sleeve (logo), navy shorts (logo), white socks, soft shell jacket (logo), full zip polar fleece (logo), navy track pants, navy tailored pants, completely black runners or shoes (on non-sports days), sports shoes (on sports days). Girls are to wear: navy polo – long sleeve or short sleeve (logo), navy skort (logo) navy shorts (logo), white socks, soft shell jacket (logo), full zip polar fleece (logo), navy track pants, navy yoga pants, navy tailored pants, completely black runners or shoes (on non-sports days), sports shoes (on sports days).

This year we will celebrate the school year with our End of Year Mass and BBQ on Thursday 12th December. Please mark this date in your calendar. Mass will begin at 6pm and it will be followed by a family BBQ at the school. Best efforts have been made to ensure this date doesn't clash with local events, however we had limited dates to choose from. More information will be shared as we get closer to the end of term.

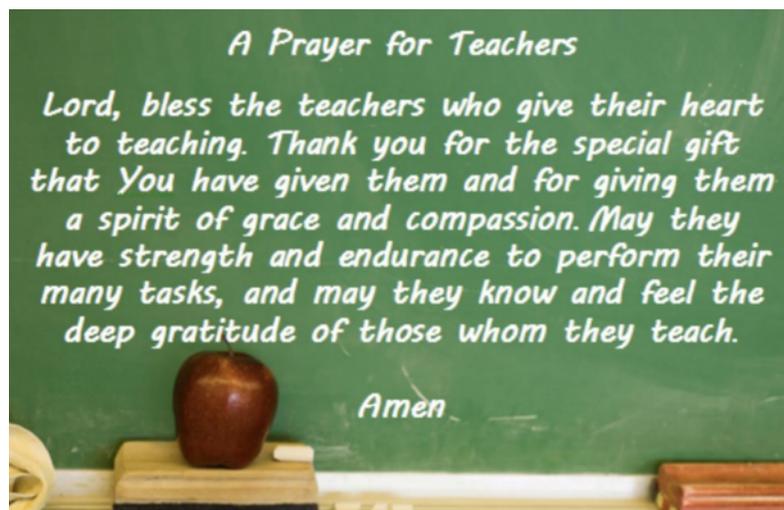
We are mindful of the learners with the changing/warmer weather. Please ensure your child/ren has their school hat and brings their drink bottle to school each day. Please provide your child with sunscreen and we will ensure they apply it throughout the day.

Have a great week and enjoy the arrival of some hot days (28 degrees on Monday and 31 degrees on Tuesday).

Jarrod Mullavey

Principal

PRAYER





3	<ul style="list-style-type: none"> • Fri 25th Oct - 2025 Prep Transition day #1 (TBC) • Fri 25th Oct - Primary Principals' Network PL day - Shepp • Fri 25th Oct - World Teacher's Day
4	<ul style="list-style-type: none"> • Tues 29th Oct - Jarrod at Mini-HUB meeting at P.H.
5	<ul style="list-style-type: none"> • Mon 4th Nov - Report Writing Day - <i>pupil free day</i> • Tues 5th Nov - Melbourne Cup Public Holiday • Fri 8th Nov - Jarrod at Child Safe Officer training @ Bendigo
6	<ul style="list-style-type: none"> • Mon 11th - Wed 13th Nov - <u>Yr5/6</u> Camp at Cave Hill Creek • Thurs 14th Nov - Staff Spirituality Retreat - <i>pupil free day</i> • Fri 15th Nov - MacKillop Art Exhibition opening (Bendigo)
7	<ul style="list-style-type: none"> • Thurs 21st Nov - Principal's briefing - Shepp • Fri 22nd Nov - Principal's network - Shepp • Fri 22nd Nov - SAC Christmas celebration
8	<ul style="list-style-type: none"> • Mon 26th Nov - School dental van • Tues 27th Nov - School dental van • Wed 28th Nov - School dental van • Fri 29th Nov - Leiza WB training
9	<ul style="list-style-type: none"> • Sun 8th Dec - St Pat's PH Celebration and Mass with Bishop Shane
10	<ul style="list-style-type: none"> • Wed 11th Dec - Graduation Night @ The <u>Tay</u> • Thurs 12th Dec - End of Year Mass and BBQ
11	<ul style="list-style-type: none"> • Wed 18th Dec - Learner's last day • Thurs 19th Dec - Staff strategic planning day • Fri 20th Dec - Last day of the school year!
	<ul style="list-style-type: none"> • Fri 20th Dec - Last day of the school year!



ARE YOUR DETAILS UP TO DATE???

Please contact the office of any changes to your details!!!

CHANGE OF DATE

SAVE THE DATE

ST. MARY'S Fete

COHUNA RECREATION RESERVE



\$20 per family

ENTRY COST INCLUDES
ACCESS TO KIDS ACTIVITIES



SILENT AUCTION

MUSIC

FOOD TRUCKS

KIDS ACTIVITIES

RAFFLE

HAPPY BIRTHDAY!



BEAU APPLEBY
21ST OCTOBER

School Term Dates 2024:

Term 2: 15th Apr - 28th Jun

Term 3: 15th Jul - 20th Sept

Term 4: 7th Oct - 20th Dec

St Mary's acknowledges and pays respects to the traditional custodians of the land on which we meet: the Barrapa Rappa People, and pay respects to elders both past and present.



Dentist Visit to School

On Tuesday 26th November the Martin Vale Dentistry Van will be visiting St. Mary's. Treatments may be bulk billed through the Medicare Child Dental Benefits Schedule (CDBS) for eligible students (families who receive FTB).

Information will be sent home to families tomorrow, however parents can click on the link below to complete their child's details

<https://form.jotform.com/220327988392062>



A poster for Cohuna Secondary College's School Saving Bonus. The top left features the college's logo and name. The main text reads 'School Saving Bonus' in large white letters on a dark blue background. Below this, it says 'Enrol for 2025 by 18th of October 2024' and '\$400 School Saving Bonus' in a yellow rounded rectangle. The right side of the poster has a yellow circle with 'Enrol now' in blue text. Below this, there are sections for 'Actions for parents and carers' and 'We need to ensure your contact information is up to date as the Department of Education will email you'. The bottom right shows a group of students in blue and white tracksuits walking on a path. The background includes a photo of the school building and trees.

A poster for Little Athletics Victoria. The top left has the 'Little Athletics Victoria' logo and a '30' anniversary logo. The main text reads 'WE ARE LITTLE ATHLETICS' in large white letters with red horizontal lines. Below this, it says 'Season 2024-25 Open Now' and 'REGISTER TODAY' in a red rounded rectangle. The background is dark purple with a red ribbon graphic on the right.

Registrations are opened for Cohuna Little Athletics 2024/25 season. Come and join us for fun and fitness on Friday nights from 5:30pm. If you haven't done little athletics before, you can register as a trial member and receive two weeks free before you have to fully register. Our first night of competition begins Friday 11th October.

St. Mary's

PREP ENROLMENTS

NOW OPEN

School tours available daily!
Contact the office
(03) 5456 2062

VICTORIA'S CONTAINER DEPOSIT SCHEME

Check for the 10c mark **10c**

DONATE YOUR DRINK CONTAINERS TO COHUNA ST MARY'S SUSTAINABILITY GROUP

EVERY CONTAINER YOU RECYCLE CAN EARN 10c FOR OUR CAUSE

We are raising funds for:
GARDEN GREEN HOUSE

RECYCLE BIN!!!

Mrs Mac has provided a bin near the entrance (near shed) for anyone that would like to use it to recycle.

GLASS , PLASTIC, ALUMINUM

Can we please with the change of times for lunch, ask that all lunch orders be in by 9pm the night before to help Kimmie's be organised for these earlier lunches.

If anyone is interested in joining in saying the Rosary on a Wednesday morning at 10am please contact Donna 0431 737 790.

MRS MAC IS CHASING SOME CONCRETE POTS IF ANYONE HAS ANY HANGING AROUND THAT THEY DON'T NEED. THANKS





SATURDAY JUNIOR PROGRAM

Are you a Junior keen on playing Tennis this year?
Starting **26th September 2024**. Every Saturday Morning, 9:00am - 10:30am
The first three sessions are **FREE!**
No need to register for the first three sessions — just turn up and have fun!
After three sessions, membership is only \$60 for the season.
Program runs throughout:

- Term 4, 2024
- Term 1, 2025

Come and Try!

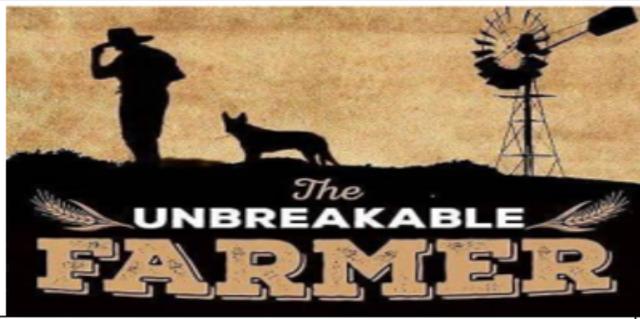
All abilities welcome – come join the fun, learn new skills, and make new friends!

Contact Cohuna Lawn Tennis Club on FB,
Jason Hensley: 0429 428 084 or cohunatennisclub@gmail.com



Don't you just love beetroot? Or even better, pickled beetroot? Well the learners in Year 5 sure do! That's why Nina Reid, Heath Spalding, Dan Murray, Bailey Gray and Savannah Roberts have planted, washed, cooked and put a whole heap of them into jars, and are preparing to sell them next Monday.

When planting the beetroots, we had a lot of help from Peter and Val who prepared us with the task of planting, growing and watering. But the best part was peeling them, cutting them up, putting them into jars and cooking the pickle juice.



Last Sunday St Mary's hosted the Unbreakable Farmer, Warren Davies, at a Cohuna and district Community event. For those who attended it was a very powerful, connecting and valuable afternoon. Thank you to the Cohuna Lions Club for donating the sausage sizzle and the Gannawarra Shire Flood Recovery for funding the event.

The overwhelming response from those that were there was that they wished everyone could attend one of Warren's events. If you ever get another opportunity to go to an Unbreakable Farmer event do yourself a favour and go, he really is amazing; -

Feedback from some of the people who went to Sunday's event:-

I really enjoyed it. Very valuable. Everyone would benefit from attending one of Warren's events.

Very powerful and passionate presentation – also funny, raw and real. So many take -home tools – helpful, practical, and empowering.

He was fantastic. Very interesting. I hope those who were there spread the word about how good he was. Such an important story and message.

Really interesting. A key take-away for me was that 'you might not have all of the answers, but you can always listen to a mate'. I did the Wellbeing Wheel for myself, and even though I've had a tough year, I'm doing pretty well. Strong supports and communication are so important.

The Unbreakable Farmer is just a great Aussie bloke who really cares and is passionate about making a positive difference.

I would just like to say what an awesome speaker Warren was. He was interesting and easy to listen to. His story was relatable. He was very professional and so down to earth. I heard one gentleman say even though he had heard him before he still took away new information from his experience and the resources he shared. Thank you so much for bringing the Unbreakable Farmer to Cohuna, a fantastic day!

I thought he was really interesting. I took some of his Wellbeing Wheel handouts and cards with me to work – I told the guys at our work meeting that I'd been to an event on the weekend and if they needed any help I'd left some things where we 'clock off' they could take. I noticed that some of them were gone the next day. I was also telling the young bloke next door about it – as Warren said, 'if you help one person it's worth it.'

I personally found the event amazing – I'm not usually a fan of public speakers but The Unbreakable Farmer was great. He was very relatable for a country person – not corporate and very down to earth. It was a great event for people in this area, Warren travels all over Australia and is doing an incredible job. Mental Health is such a huge issue now, and it was interesting that he highlighted events that happen in our childhood can layer on and impact us later on in life if they're not dealt with. I was really impressed – thanks for hosting this event.

I found The Unbreakable Farmer event very valuable. I didn't really think the event was for me but after listening to Warren, it got me thinking about going to see someone. I couldn't believe his openness and generosity in sharing his experiences and the tools that have helped him. I could have listened to him for hours. I will be talking to my 5 support people and making sure I have at least one person I can call if I ever find myself struggling. I wish everyone could have the opportunity to hear the Unbreakable Farmer; - his message, life experiences and the tools he gives you are so very relevant and helpful.