



St Mary's Newsletter

TERM 4, WEEK 1

Welcome to Term 4, I hope everyone had a great break. It was great to see so many happy faces on learners and staff (and parents) this morning! We have a big term ahead of us with something on every week it seems - please see the attached Term 4 Term Ahead for more details. We also look forward to welcoming Mr Mann back this term, I know the learners love their music lessons.

Can I bring to your attention the following events that are fast approaching. This Sunday (13/10) we are hosting Warren Davies - The Unbreakable Farmer at the Memorial Hall. Warren is a leading rural mental health speaker and will share his story and mental health strategies on this day. There is also a FREE sausage sizzle. The event begins at 12pm. Do yourself (and your mental health) a favour and come along - and also share this information with all your friends! Next Friday (18/10) we have our annual Grandparents' Day here at school. The day will begin at 8:30am and run until 11:00am, concluding with a provided morning tea. Miss Cartwright is putting together a slideshow with photos. Please email Graecen gcartwright@smcohuna.catholic.edu.au if you would like any photos included in this presentation (Graecen will automatically include the photos from last year's slideshow). That same night we are hosting our School Fete at the Cohuna Recreation Reserve. This night will include food trucks, live music, jumping castles, train rides and much, much more! Please come along to support our school!

Also this term we have: 2025 Prep Transition, World Teachers Day, Yr5/6 Camp at Cave Hill Creek, MacKillop Art Exhibition (Bendigo), School Dental Van, St Patrick Pyramid Hill celebration ... and that's all before we even start to think about Christmas and Graduation!! A reminder that Monday 4th Nov (Report Writing day) and Thursday 14th Nov (Staff Spirituality Retreat) are pupil free days. And looking even further ahead, our learners finish up the year on Wednesday 18th December.

Today we begin our new lunch and recess time procedures. Learners will now go out to play at 'lunch' at 11:00am, then come off the yard to eat at 11:30am before transitioning back into the classroom at 11:40am. At 1:40pm the learners will go out to play (recess) and then eat their snack/recess at 2:10pm before returning to class at 2:20pm. Kimmy's lunch orders (Mon, Wed, Fri) will arrive at 11:30am. Please ensure these are ordered the night before to allow Kimmy time to prepare these meals.

At mass on Sunday, Fr Dean shared the (sad/exciting) news that he will be finishing up as Parish Priest of St Mary's Cohuna (and St Joseph's Kerang and St Patrick's Pyramid Hill) on Saturday 26th October. Having recently spent time on sabbatical in the Philippines, Fr Dean feels he is called to serve these communities where he will make a real difference to the lives of the less fortunate. Fr Dean has been a wonderful servant of our parish and school and he will be deeply missed. His kind nature and supportive approach has been a real inspiration to myself and the staff here at St Mary's. Although saddened to see him go, we wish Fr Dean all the very best and thank him for his contribution to our community. I will let you all know how we will celebrate Fr Dean's time with us (school mass etc.) once I've spoken to Fr Dean more.

Have a wonderful start back to the new term!

Jarrold Mullavey

Principal

PRAYER



God of new beginnings, new ideas, new creations and new hopes,
We come to you at the beginning of this year with many feelings,
expectations, anxieties and dreams.

Help us to recognise that we are given NEW opportunities to hope, to
create, to think and to begin again each and every day

Help us to accept these opportunities as ways for us to grow as an
individual, as a teacher and learner, as a parent, as a friend, as a
grandparent, as a community member, as a follower of Jesus.

This we ask through Christ our Lord,

AMEN.



Week	Dates & Items ▼
1	<ul style="list-style-type: none"> ● Mon 7th Oct - Term 4 begins ● Mon 7th Oct - SAC @ 7pm ● Tues 8th Oct - P&F meeting (TBC) ● Wed 9th Oct - ThinkUKnow - Year 5/6 @11:40am ● Fri 11th Oct - Leasa's B'day
2	<ul style="list-style-type: none"> ● Mon 14th Oct - SAC @ 7pm (TBC) ● Tues 15th Oct - SoSafe Curriculum Day @ Shep (Meg) ● Wed 16th Oct - Meaghan's B'day ● Fri 18th Oct - Grandparent's day ● Fri 18th Oct - St Mary's Community Event
3	<ul style="list-style-type: none"> ● Fri 25th Oct - 2025 Prep Transition day #1 (TBC) ● Fri 25th Oct - Primary Principals' Network PL day - Shepp ● Fri 25th Oct - World Teacher's Day
4	<ul style="list-style-type: none"> ● Tues 29th Oct - Jarrod at Mini-HUB meeting at P.H.
5	<ul style="list-style-type: none"> ● Mon 4th Nov - Report Writing Day - <i>pupil free day</i> ● Tues 5th Nov - Melbourne Cup Public Holiday ● Fri 8th Nov - Jarrod at Child Safe Officer training @ Bendigo
6	<ul style="list-style-type: none"> ● Mon 11th - Wed 13th Nov - <u>Yr5/6</u> Camp at Cave Hill Creek ● Thurs 14th Nov - Staff Spirituality Retreat - <i>pupil free day</i> ● Fri 15th Nov - MacKillop Art Exhibition opening (Bendigo)
7	<ul style="list-style-type: none"> ● Thurs 21st Nov - Principal's briefing - Shepp ● Fri 22nd Nov - Principal's network - Shepp ● Fri 22nd Nov - SAC Christmas celebration
8	<ul style="list-style-type: none"> ● Mon 26th Nov - School dental van ● Tues 27th Nov - School dental van ● Wed 28th Nov - School dental van ● Fri 29th Nov - Leiza WB training

9	<ul style="list-style-type: none"> • Sun 8th Dec - St Pat's PH Celebration and Mass with Bishop Shane
10	<ul style="list-style-type: none"> • Thurs 12th Dec - Graduation Night @ The Tav
11	<ul style="list-style-type: none"> • Wed 18th Dec - Learner's last day • Thurs 19th Dec - Staff strategic planning day
	<ul style="list-style-type: none"> • Fri 20th Dec - Last day of the school year!

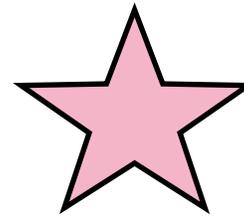
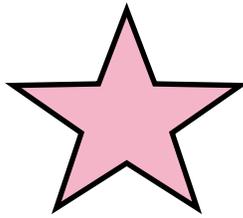
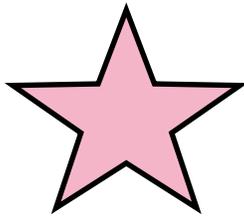


Joins us for a Grandparent's and Special Person's Day liturgy followed by activities and morning tea




GRAND PARENT'S Day!

Friday, October 18th
Join us for reading from 8:30am



WE ARE INVITING YOU!
ST. MARY'S Fete



COHUNA RECREATION RESERVE

October
18 | **6**
pm

\$20 per family

**ENTRY COST INCLUDES
ACCESS TO KIDS ACTIVITIES**



SILENT AUCTION

MUSIC

FOOD TRUCKS

KIDS ACTIVITIES

RAFFLE

HAPPY BIRTHDAY!

CONNOR BORKOWSKI
8TH OCT

MARLEY MCKEE
8TH OCT

SAVANNAH ROBERTS
9TH OCT





THE UNBREAKABLE FARMER



*"Resilience, Persistence, Determination -
These are the three words that best describe me."*

October is Mental Health Awareness month in Australia.

St. Mary's Primary School, Cohuna, is hosting a Community Event with inspiring Guest Speaker Warren Davies, the 'Unbreakable Farmer'.
(Suitable for people aged 16 and over)

Warren is one of Australia's leading rural mental health speakers and advocates.

His ability to engage with individuals or organisations is through the journey of him piecing back together his life, as well as the life lessons he has learned along the way.

Warren's down-to-earth approach makes his story and strategies relevant to everyone. He provides tips and tools that his audience can easily implement in day-to-day life

Date: Sunday, 13th October

Where: Memorial Hall COHUNA

Time: 12.00pm - 1.30 pm

12:00 - FREE SAUSAGE SIZZLE AND MINGLE (Thanks to the Cohuna Lion's)

12:40 - 1:30 Guest Speaker - WARREN DAVIES - The Unbreakable Farmer

To secure your spot register via the link or QR Code:

<https://www.trybooking.com/CUXTL>



WHAT : FREE COMMUNITY EVENT

WHERE : COHUNA Memorial Hall

WHEN: Sunday, 13th OCTOBER
12:00 Sausage Sizzle and Mingle
12:40- 1:30 Guest Speaker

WHO: Warren Davies -The Unbreakable Farmer
About — The Unbreakable Farmer

**WHY: Building a stronger community and awareness around
Mental Health and Wellbeing**



Warren speaks about resilience, determination and persistence ; - three characteristics that rural communities are renowned for. Anyone who attends this event is sure to walk away feeling uplifted and inspired... and, with a little more resilience, determination and persistence.

The students at St Mary's already have a really comprehensive Wellbeing program and are always learning information, skills and strategies to support their mental health and wellbeing. In hosting the Unbreakable Farmer event we hope to create awareness of mental health and wellbeing for the adults in our community and support a stronger, more resilient community for our children to grow up in; the event is targeted at people aged 16 and over

**HOW : You can book via the link of QR code located
on the attached flyer.**

Please support St. Mary's in hosting this event by coming along and inviting friends, family, neighbours...all welcome.



WE ARE
LITTLE ATHLETICS

Season **2024-25** Open Now

REGISTER TODAY

Registrations are opened for Cohuna Little Athletics 2024/25 season. Come and join us for fun and fitness on Friday nights from 5:30pm. If you haven't done little athletics before, you can register as a trial member and receive two weeks free before you have to fully register. Our first night of competition begins Friday 11th October.



Cohuna Secondary College

School Saving Bonus

Enrol for 2025 by 18th of October 2024

\$400 School Saving Bonus

Enrol now

Actions for parents and carers

Before 18 October 2024, parents and carers are asked to:

- Complete enrolment: Starting Year 7 or changing school
- Check your contact information : Ensure your email address and phone number is up to date with us.

We need to ensure your contact information is up to date as the Department of Education will email you

- in October, to verify your email address
- in November, with your \$400 School Saving Bonus and access to an online system






ST MARY'S LIMITED EDITION BEANIE

IF YOU WERE LUCKY
ENOUGH TO BE RANDOMLY
SELECTED TO DO THE
SURVEY AND YOU HAVE
COMPLETED IT, PLEASE LET
STACEY KNOW IN THE
OFFICE AS SHE HAS YOUR
FREE BLOCK OF CHOCOLATE
FOR DOING THE SURVEY.
THANK YOU



St. Mary's

PREP ENROLMENTS

NOW OPEN

School tours available daily!
Contact the office
(03) 5456 2062

RECYCLE BIN!!!

Mrs Mac has provided a bin
near the entrance (near shed)
for anyone that would like to
use it to recycle.

GLASS , PLASTIC, ALUMINUM

*If anyone is interested in
joining in saying the
Rosary on a Wednesday
morning at 10am please
contact*

Donna 0431 737 790.

MRS MAC IS CHASING SOME CONCRETE POTS IF ANYONE HAS ANY HANGING AROUND THAT THEY DON'T NEED. THANKS





ARE YOUR DETAILS UP TO DATE???

Please contact the office of any changes to your details!!!

VICTORIA'S CONTAINER DEPOSIT SCHEME



Check for the 10c mark

DONATE YOUR DRINK CONTAINERS TO COHUNA ST MARY'S SUSTAINABILITY GROUP

EVERY CONTAINER YOU RECYCLE CAN EARN 10c FOR OUR CAUSE

We are raising funds for:
GARDEN GREEN HOUSE





Can we please with the change of times for lunch, ask that all lunch orders be in by 9pm the night before to help Kimmie's be organised for these earlier lunches.

ST. MARY'S

is a



NUT FREE SCHOOL

P & F chocolate fundraiser

A reminder to please deposit the \$60 into the School bank account :-
BSB 083-543
Acc. No. 457171993

School Term Dates 2024:

Term 2: 15th Apr - 28th Jun

Term 3: 15th Jul - 20th Sept

Term 4: 7th Oct - 20th Dec

St Mary's acknowledges and pays respects to the traditional custodians of the land on which we meet; the Barrapa Rappa People, and pay respects to elders both past and present.

