



# St Mary's Newsletter

## TERM 3, WEEK 9

10 days to go until the September school holidays! The weather is great, netball/footy finals are in full swing and that great smell of freshly mowed grass is in the air!

We had another busy week last week. Thank you to those parents who were involved in my principal appraisal. I enjoyed the process, and have clearly identified areas of my leadership to build on. On Friday our Athletics team performed wonderfully well. I would love to mention the athletes who have won their way through to the next stage (in Swan Hill) ... but there are too many of them!! Thank you to Mrs Walker, Miss Dennis and Mrs Douglass for supporting our team!

I loved the way Fr Dean explained Sunday's Gospel (Mk 7:31-37) where Jesus cures the deaf man who also had a speech impediment. Rather than focussing on the wonder surrounding Jesus' miraculous actions, Fr Dean implored us to be 'open' to the word of God and look to spread his message through our own voices where possible - otherwise we too are deaf and dumb. We are called to be 'open' when interacting with those around us, slow to judge and quick to support. Being 'open' also calls us to be empathetic to those around us, understanding that old adage: everyone we know is going through something we don't know. Our challenge as always is to be 'open' not only in the good times, but also in times of despair.

Mrs Williams and myself have recently attended a briefing for all Catholic schools in the Sandhurst diocese where our school direction, in a number of areas, was discussed and shared. I am excited about the professional learning our staff will receive in areas of neuroscience of learning, teaching and learning literacy and numeracy and behaviour management. I will share more with you next term and throughout 2025 as you will hear the mantra: Sandhurst magnify - every student, every teacher, every school, every day.

Today we had Tracy from the Responsible Pet program come to speak to our learners about respecting animals, good timing with the strong possibility of Pet Day approaching! On Thursday the Yr5/6's will head to Echuca to celebrate Sandhurst Arts on Show - thank you so much to the staff who have prepared our learners for these experiences!

We are having our Learning Conversations (Parent/Teacher Interviews) next Wednesday (18th Sep) from 8:30am-4:00pm. Booking information is included in this newsletter and has been shared with families via School Stream. Just a reminder that this day is a Pupil Free Day. We will seek feedback following this day to see if learning conversations are better held during the day (8:30am-4:00pm) or during the afternoon and into the night (2:00pm-7:00pm).

I am excited about our St Mary's Art Show which will take place on Tuesday and Wednesday nights next week from 3:30-5:30pm at the Members Pavilion at the Cohuna Recreation Reserve. Please come along and support this event if you get a chance!

And finally, there will be a change coming to St Mary's at the beginning of Term 4! We are moving our eating times from the beginning of recess and lunch times to the end of these sessions. This will mean that learners will break for recess at 11:00am and go straight out to play. The 'eating bell' will ring at 11:30am, giving learners that last 10 minutes of recess to eat - instead of the first 10 minutes. The same will happen at lunch time with play to begin at 1:40pm and the eating bell to ring at 2:10pm. Current behavioural research shows that 'incidents on the yard' decrease by 50% when this change is made, as most problems occur in the final 8-10 minutes of play. Learners are also more settled moving from play time to learning time when this transition involves sitting and eating, rather than running in from the yard. We will trial this initiative in Weeks 1 and 2 of next term and then evaluate its success to see if it will be a permanent change. We will begin calling this first break "lunch time" as it will most likely be when learners (and staff) eat their main meal, recess will then be eaten at 2:10pm. If your child needs extra fruit (10am) to get them through to 11:30am, then please feel free to send this in. Staff are also aware there may be a need to have an 'extra' fruit break around 1pm initially until we are all adjusted to this move. This may be the perfect time to evaluate what is going in lunchboxes. I found a very useful website: <https://www.betterhealth.vic.gov.au/health/healthyliving/healthy-eating-school-lunches> that is worth a look. We will work with Kimmy around which time she is able to provide our lunch orders and get this information back to families (and staff) asap. Thank you in advance for your support with this change, I am sure it will have benefits for our learners.

Have a great penultimate week of the term everyone!

Jarrold Mullavey

**SAVE THE DATE**

**FRIDAY**

**18TH OCTOBER**

**GRANDPARENTS DAY**

(MORNING)

**&**

**ST MARY'S FETE**

(AFTER SCHOOL)

**MORE INFORMATION TO COME**

# PRAYER



Come and embrace me Lord  
Hold me secure  
Hold me strong  
Hold me forever  
In Your everlasting arms  
Amen.



**IMOGEN  
WARREN  
10TH SEPT**



## *St Mary's Cohuna - Term 3- 2024*

### Week

### Dates & Items

9

- Mon 9th Sep - Responsible Pet Program (Juniors)
- Wed 11th Sep - Yr4-6's lawn bowls
- Thurs 12th Sept- Sandhurst Arts on Show @ Echuca (Yr 5/6)
- Fri 13th Sep - Michelle S CESL Learner Diversity in

10

- Mon 16th Sept- Division Athletics @ Swan Hill
- Mon 16th Sep - School Engagement Surveys close today
- Wed 18th Sept- Pupil Free Day- Learning Conversations
- Fri 20th Sept- Last Day of Term 3- 2:15 pm finish (Footy Colours Day!)



### **ARE YOUR DETAILS UP TO DATE???**

Please contact the  
office of any changes  
to your details!!!

Can we please with the  
change of times for lunch,  
ask that all lunch orders be  
in by 9pm the night before to  
help Kimmie's be organised  
for these earlier lunches.



## ST MARY'S LIMITED EDITION BEANIE

IF YOU WERE LUCKY  
ENOUGH TO BE RANDOMLY  
SELECTED TO DO THE  
SURVEY AND YOU HAVE  
COMPLETED IT, PLEASE LET  
STACEY KNOW IN THE  
OFFICE AS SHE HAS YOUR  
FREE BLOCK OF CHOCOLATE  
FOR DOING THE SURVEY.  
THANK YOU



St. Mary's

# PREP ENROLMENTS

NOW OPEN

School tours available daily!  
Contact the office  
**(03) 5456 2062**

## RECYCLE BIN!!!

Mrs Mac has provided a bin  
near the entrance (near shed)  
for anyone that would like to  
use it to recycle.

**GLASS , PLASTIC, ALUMINUM**

*If anyone is interested in  
joining in saying the  
Rosary on a Wednesday  
morning at 10am please  
contact*

***Donna 0431 737 790.***

MRS MAC IS CHASING SOME CONCRETE POTS IF ANYONE HAS ANY HANGING AROUND THAT THEY DON'T NEED. THANKS



## Sustainability Update

### Semester One

The sustainability group has been very busy this semester:

- Alex has joined our group
- We have new garden beds with lots of new plants such as snap beans, snap peas, cabbage, carrots, spring onions, celery, beetroot, and a mixture of herbs. Thank you to Val and Peter who have helped with the planting.
- At the start of the year, we had an abundance of tomatoes, which we enjoyed with cheese and a bicki. We also made passata with Mrs Jones. Students also enjoyed corn on the cob with melted butter.
- We also learned all about fruit flies. We tried all different ways of getting rid of them. The chooks had a lovely time chewing on the fruit flies and the plants, as we could not save the plants.

### WE NEED YOUR HELP

- Over the summer break, the chooks had a lovely time holidaying at Sam Cooke's farm. They came back to a clean pen, however, we now have marshmallow weed growing, which has been very hard to dig out.
- If anyone could please help us with the marshmallow weed problem, that would be great.
- We also need someone to make a cover for the chook shed to help the chooks during the summer heat, if anyone would like to volunteer to help it would be appreciated.
- We are going to make fairy gardens next term. If anyone has any old concrete pots that they are no longer using, we would love to take them off your hands and use them for our fairy gardens.

### VISY Recycling

We are also making some money through the Visy Recycle collection scheme. We have made \$68.00 so far. The children are learning to put their milk, and juice containers in the special bin. We just need to teach the adults. (lol)

We have registered to be a donation group through Vissy. Suppose you would like to donate this way to our sustainability group. In that case, you can go to any Recycle center in Victoria, with your cans, glass, plastic, or cardboard drink containers, and ask for our group Cohuna St Mary's Sustainability. The money will go into our account and we can continue planting more fruit and vegetables, and hopefully be able to cook more with the children.

Also thank you to Tim Douglass who has helped us get rid of the dead trees around the garden, and whipper snipped around the chook shed. And the many other tasks Alex does him into.

Have a nice holiday break from Mrs Mac, Alex, Mrs Jones and the sustainability group.

**VICTORIA'S CONTAINER DEPOSIT SCHEME**

Check for the 10c mark 

## DONATE YOUR DRINK CONTAINERS TO COHUNA ST MARY'S SUSTAINABILITY GROUP

**EVERY CONTAINER YOU RECYCLE CAN EARN 10c FOR OUR CAUSE**

We are raising funds for:

### GARDEN GREEN HOUSE





## ST. MARY'S

is a



### NUT FREE SCHOOL

## P & F chocolate fundraiser

A reminder to please deposit the \$60 into the School bank account :-

BSB 083-543  
Acc. No. 457171993

### School Term Dates 2024:

Term 2: 15th Apr - 28th Jun  
Term 3: 15th Jul - 20th Sept  
Term 4: 7th Oct - 20th Dec

*St Mary's acknowledges and pays respects to the traditional custodians of the land on which we meet; the Barrapa Rappa People, and pay respects to elders both past and present.*




Fight Cancer Foundation **FOOTY COLOURS DAY!**

# WE'RE WEARING OUR FOOTY COLOURS ON: FRIDAY 20TH SEPTEMBER

**GOLD COIN DONATION**

**FOOTYCOLOURSDAY.COM.AU**  
#FOOTYCOLOURSDAY

Proudly supported by **FOXTEL**

**BLG YOUTH FEST**

# LASER TAG & LIVE MUSIC

FOR STUDENTS IN YEARS 5-12

## FRIDAY 13TH SEPTEMBER

**6-10PM** (6-7:30PM FOR PRIMARY SCHOOL AGED STUDENTS ONLY, 7:30-10PM OPEN FOR ALL)

**THORNELLY HALL @ KTHS**  
48 MURRAY ST, KERANG

### FREE ENTRY

MUSIC BY COLOUR COURT

DINNER AVAILABLE FOR PURCHASE FROM CLEO'S KITCHEN FOOD TRUCK

**VYF** VICTORIAN YOUTH FEST | VICTORIA State Government | NOCH | North Central LLEN

## 4TH ANNUAL NONDIES COHUNA CC GOLF DAY

Proudly Sponsored by **Wilson Transport COHUNA**

Special Guest - **Robert DiPierdomenico**

**COHUNA GOLF CLUB**

**FRI 27 SEPTEMBER 2024 T1AM**  
GRAND FINAL PUBLIC HOLIDAY

\$50 per person  
\$90 - Sportsmans Night/Golf Package (paid before 22/09)  
Includes all day BBQ, snacks and stubby holder

PRIZES	DETAILS
1st Winner \$400	The Wilson Transport Nondies Cohuna Golf Day is on again for the 4th year. In what is arguably the biggest day on the calendar, its now got bigger with Robert 'Dipper' DiPierdomenico being our special guest for the day. Dipper will be set-up on a Par 3 available for a chat, a photo and for a small fee is able to take a shot for your group!
Runner Up \$250	
Third \$150	
Fourth \$100	
Fifth \$50	
National Heating and Cooling NTPs, straightest drive, Long drive, Nearest 2nd shot on 18th, Lucky card draws.	Format - 2-Man Ambrose
	Handicapping - GA golf handicaps apply. Those who don't have handicaps will be provided a handicap by CGC handicapper.
	Drinks- Must be purchased on the day through Cohuna Golf Club Bar. No BYO.

**HOW TO ENTER**

Get your entries to Cohuna Golf Club (03) 5456 2820. Contact a Nondies Cohuna member or scan the QR code to go to our website ticket page to enter the full names of your pairing.

# SPORTSMANS NIGHT

FEATURING **ROBERT 'DIPPER' DIPIERDEMEMICO**

VENUE- COHUNA GOLF CLUB

Lucky Door Prizes | Percentage of proceeds to be donated to Cohuna District Hospital | Pick the AFL Grand Final Margin

**Thurs 26th Sept @6pm (night before Public Holiday)**  
Early Bird tickets - \$60  
At the door- \$70  
Sportsmans Night/Golf Day package - \$90 (must be paid before 22/09)

\*Ticket includes full roast carvery and lucky door entry

Catering by Ben North | Drinks at Bar Prices

Norm Smith/First Goal Calcutta | **NONDIESCOHUNA** | **COHUNA GOLF CLUB** | Silent Auction

**SPONSORED BY WILSON TRANSPORT COHUNA**

Tickets can be pre-purchased by any of the below options

**BANK TRANSFER** | **CREDIT/DEBIT CARD - SCAN QR CODE**

Nondies Cohuna Cricket Club  
BSB-633 000  
Acc- 196 264 600  
Ref- Sportsmans Night + Name



# THE UNBREAKABLE FARMER



*"Resilience, Persistence, Determination -  
These are the three words that best describe me."*

## October is Mental Health Awareness month in Australia.

St. Mary's Primary School, Cohuna, is hosting a Community Event with inspiring Guest Speaker Warren Davies, the 'Unbreakable Farmer'.  
(Suitable for people aged 16 and over)

Warren is one of Australia's leading rural mental health speakers and advocates.

His ability to engage with individuals or organisations is through the journey of him piecing back together his life, as well as the life lessons he has learned along the way.

Warren's down-to-earth approach makes his story and strategies relevant to everyone. He provides tips and tools that his audience can easily implement in day-to-day life

**Date:** Sunday, 13th October

**Where:** Memorial Hall COHUNA

**Time:** 12.00pm - 1.30 pm

12:00 - FREE SAUSAGE SIZZLE AND MINGLE (Thanks to the Cohuna Lion's)

12:40 - 1:30 Guest Speaker - WARREN DAVIES - The Unbreakable Farmer

To secure your spot register via the link or QR Code:

<https://www.trybooking.com/CUXTL>





Thursday 5th September 2024

Dear families,

Term 3 Learning Conversations will be held on Wednesday September 18th from 8:30am - 4:00pm. We are trialing these interviews during the school day. The booking platform is now open. Please take this opportunity to meet with your child's teacher/s to discuss their learning and growth. The booking links are below:

Booking link:

<https://www.schoolinterviews.com.au/code/rp4b6>

Booking QR Code:



The booking platform will close on Friday 13th September. If you have any problems making a booking please contact us at school, we are more than happy to help out. If you are unable to meet during the times offered, please contact your child's classroom teacher/s to make alternative arrangements.

Kind regards,

Jarrod Mullavey