

TERM 3, WEEK 7

It's Week 7 and in my experience this week can often be a challenging week in a term. We are well and truly into the term, however the holidays still seem a long way away! Hang in there, be kind to yourself and keep an eye out for each other's well being. Congratulations to Ayla, Seth, Nina, Chloe and Sophie who celebrated the Sacraments of Confirmation and First Holy Eucharist on Sunday. It was great to see so many families fill the church and listen to Bishop Shane's message that even though we all make mistakes, it is how we move forward from these moments that counts. Thank you to Marie Kelly who prepared these learners so thoroughly, planned the mass and did a lot of work behind the scenes. Thank you to all staff who were able to make it on Sunday and support our children - especially Miss Beer who worked the computer!

We have a great week - Book Week - ahead of us at school. All this week Mrs Fry has the Book Fair books available for purchase after school (3:30-4:00pm). They are set up in the 'old library' (church car park building). 30% of all book sales goes back to the school where we will purchase class readers and library books so please support us if you can. This Wednesday the Middle and Senior learners will visit our Town Library. Again, if you are able, please take a look at our town library - it is such a great resource and fortnightly/monthly visits would be so beneficial to our children's learning. On Thursday after lunch the learners will break into small groups and staff will share a favourite book of theirs with our learners. On Friday we will cap off Book Week with our town parade at the Garden Park starting at 1pm (all are welcome). I hope costumes are sorted (or like mine, that they have arrived in the post) and we are all set for a great day! Although school will operate on an altered timetable on this day, lunch orders are still available.

Just a reminder of some important dates that are fast approaching: Book Week Parade (25/8), Father's Day Celebrations (1/9), Festival of the Sacred (5/9), Learner Spirituality Day (8/9), Last day of Term 3 (15/9).

Jarrod Mullavey (Principal)

<u>St Mary's Cohuna - Term 3- 2023</u>

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- Mon 21st Aug SAC @ 7pm
- Mon 21st Aug- Festival of the Sacred ASPA school visit- Yr 5/6 11:45am- 1pm
- Tues 22nd Aug Georgia Donat (Speech) in
- Wed 23rd Cohuna Town Library visits
- Thurs 24th Aug Playgroup (10-11am) all welcome
- Fri 25th Aug 2024 Prep Enrolments due today
- Fri 25th Aug Book Week Parade

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- Mon 28th Aug P&F Meeting @ 6:30pm
- Thurs 31st Aug Director's Briefing (Shepp)
- Thurs 31st Aug Playgroup (10-11am) all welcome
- Fri 1st Sep Father's Day Celebrations
- Fri 1st Sep Zone Athletics

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- Tues 5th Festival of the Sacred @ Echuca- Year 5/6
- Thurs 7th Aug Playgroup (10-11am) all welcome
- Fri 8th Sep Learner Spirituality Day @ Cohuna (Gen Bryant)
- Fri 8th Sep Send home Welcome to 'St Mary's 2024 Preps' packs

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- Mon 11th Mallee Division Athletics
- Tues 12th Sep Georgia Donat (Speech) in
- Thurs 14th Aug Playgroup (10-11am) all welcome
- Friday 15th Sep Last day Term 3 2:10pm finish

Footprints In The Sand

One night a man had a dream. Ile dreamed he was walking along the beach with the Lord. Across the sky flashed scenes from his life. For each scene, he noticed two sets of footprints in the sand; one belonging to him, and the other to the Lord. When the last scene of his life flashed before him, he looked back at the footprints in the sand. He noticed that many times along the path of his life there was only one set of footprints. He also noticed that it happened at the very lowest and saddest times in his life. This really bothered him and he questioned the Lord about it. "Lord, you said that once I decided to follow you, you'd walk with me all the way. But I have noticed that during the most troublesome times in my life, there is only one set of footprints. I don't understand why when I needed you most you would leave me." The Lord replied, "My precious, precious child, I love you and I would never leave you. During your times of trial and suffering, when you see only one set of footprints ... it was then that I carried you."

Jesus

A PRAYER





25th August Isabelle Coombs Jacob Matthews



JUNIOR SCHOOL



Highlights from our week..

WEEK 6

Cohuna Library visit

Drafting our information reports

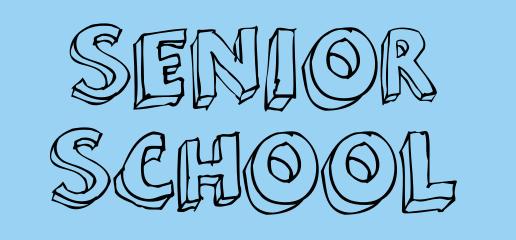
Book Week wish lists with the grade 5/6s











Eucharist/Confirmation: We walked into the church when a song was playing, I brought up the bread and wine and some people did readings. The Bishop prayed<u>over.us</u>with his hands. We each got a certificate and everyone clapped.



Rafferty: We drew and wrote cards for the Eucharist and Confirmation kids.



Imogen W: I liked moving the bird houses into the garden.

What 5/6 WM enjoyed about last week:

- Going over to have a look at the Book Fair with the Prep/1's.
- Practising our dancing and signing for the Festival of the Sacred.
- Writing our Information Reports
- Learning how to stay safe online



Year 5/6 learners practising our songs and dances for the Festival of the Sacred, which is being performed with other Catholic schools in our Diocese on Tuesday the 5th of September. Thanks to Mon and Grace from ASPA (Australian School of Performing Arts) for preparing us for this.





COMMUNITY NEWS





Knowing Your Teen

Parenting teenagers is not easy, it requires creativity, determination, and patience! It is a tough phase for everybody, but you are not alone.

Join other parents and carers in this workshop that aims to provide information, improve understanding, and explore strategies that focus on the strengths and challenges of this stage of development.



MRS MAC HAS SOME EGGS AND PUMPKINS FOR SALE IF ANYONE INTERESTED EGGS \$4 DOZEN PUMPKIN \$3 EACH





WWW.catholiccarevic.org.au (03) 5438 1300 | 176 - 178 McCrae Street, Bendigo VIC 3550

Phone: 03 5452 1546

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PLEASE MAKE SURE WE ARE ORDERING BOOKS THROUGH THE BOOK FAIR AND NOT BOOK CLUB

THANKS MRS FRY





CANTEEN IS BACK

St. Mary's Canteen Wednesday & Friday Menu Term 3 commencing on wednesday 12th July AL ORDERS ARE TO BE COMPLETED ON CDFPAY & CLOSE AT 8.30AM EACH MORNING (orders can be placed up to 1 week prior) FOOD & DRINKS WILL BE SUPPLIED BY KIMMY'S CAFÉ		
PRICE LIST		
	FRICE	
HOT / COLD FOOD	4	
PIE	\$5.00	
SAUSAGE ROLL	\$4.50 (GF & DF OPTIONS AVAILABLE)	
SWEET CHILLI WRAP	\$6.50	SAUCE .30C
SALT & VINEGAR WRAP	\$6.50	SACE SUC
LASAGNA	\$6.50	
CHICKEN NUGGETS	\$.80 EACH (GF & DF OPTIONS AVAILABLE)	
MINI DIM SIMS	\$.80 EACH	
SWEET CHILLI TENDER	\$2.00	
SALT & VINEGAR TENDER	\$2.00	
MINI PIZZA	\$3.50	
CHICKEN SALAD WRAP	\$6.50 (GF & DF)	
HAM SALAD WRAP	\$6.50 (GF & DF)	
		<u>DRINKS</u> - \$3.00
SLICES		BIG M 300ml - Chocolate or Strawberry
HEDGEHOG SLICE	\$2.00	POP TOP - Orange, Apple or Apple/Blackcurrant
JELLY SLICE	\$2.00	L
RUMBALLS (3)	\$2.00	MILK

SIMONS SPECIALS

Sim's Monday Specials

\$8 PER SERVING

ORDER VIA CDF PAY BY 5PM ON FRIDAYS

WEEK 2 - 17TH JULY

Option 1: Sausage Enchiladas with tomato salad **Option 2:** Pumpkin and sweetcorn soup, crusty bread roll

WEEK 3 - 24TH JULY

Option 1: Beef Chow Mein, on rice Option 2: Stuffed Sweet Potatoes with beans and bacon

WEEK 4 - 31ST JULY

Option 1: Lamb and rice stuffed capsicums **Option 2:** Ham, pineapple and pesto Turkish pizza subs

WEEK 5 - 7TH AUGUST

Option 1: Fish Finger burgers, homemade chips Option 2: Veggie loaded sausage spaghetti bolognaise

WEEK 6 - 14TH AUGUST

Option 1: Tuna mornay jacket potatoes Option 2: Greek style lamb nachos

WEEK 7 - 21ST AUGUST

Option 1: Beef and potato gnocchi casserole Option 2: Mild chicken Paella, yoghurt dressing

WEEK 8 - 28TH AUGUST

Option 1: Zucchini, pumpkin and feta slice and salad

Option 2: Mexican beef nachos

WEEK 9 - 4TH SEPTEMBER

Option 1: Mild curried sausages, creamy potato mash

Option 2: Rich tomato and chicken casserole, creamy potato mash

WEEK 10 - 11TH SEPTEMBER

Option 1: Cheesy chicken parmigiana, homemade chips Option 2: Pulled pork tacos with avocado salsa





The St Vincent de Paul Society is an international organisation operating in 153 countries and has over 800,000 members worldwide. The Society has a presence on every continent in the world with the exception of Antarctica perhaps. Mrs Mathers in her role as chaplain at our school is also a St Vinnies Kerang member. She is able to assist families with food vouchers or other resources that families require. You can make appointments to see her if a need arises. Please do not hesitate to contact the school.

"Helping one person may not change the whole world, But it could change the world for one person."

God Bless Mrs Mathers **Book Club** our child will bring home ook Club catalogue from Prep/1 vith and help vo d like to read Year1/2 ne via the Scholast lia LOOP website o LOGIN DETAILS nd the school will take of the rest! (LOOP orde Year3/4 LK ically linked to in an easy, secur SCHOOL: St Marys School Year 3/4 B The books are delivered to vour child's classroom. SCROLL to Cohuna Year 5/6 WM sy way for families to order and pay for Book Clu Note: No cash please pay through Loop Year 5/6 D. St Mary's acknowledges and pays respects to the traditional T. MARY'S custodians of the land on which School Term Dates 2023: we meet; the Barrapa Rappa Term 1: 27th Jan - 6th Apr People, and pay respects to elders is a both past and present. Term 2: 24th Apr - 23rd Jun Term 3: 10th Jul - 15th Sep Term 4: 2nd Oct - 20th Dec