



# St Mary's Newsletter

## TERM 3, WEEK 5

It's Term 3, Week 5 and the term feels like it is flying along. I hope you are enjoying the sunny days that we are having - even if the mornings are still fresh! Sunday's gospel - the Transfiguration of Jesus where he was revealed and glorified to his disciples was an affirming experience. Fr Dean spoke about how Jesus' transfiguration should likewise be an affirming experience for all of us who can relate to him as the sure source of our salvation and inspiration, especially in moments of crisis and discouragement.

It was great to have so many families attend our assembly last Friday to celebrate all that is good about our school. Please come along (if you can) to join with us on Tuesday as we celebrate the Feast of Mary of the Cross MacKillop - Australia's first and only Saint. Mass begins at 12:30pm and all are welcome. Also on Tuesday, our Yr6 Netball team will represent our school and district at the Mallee Loddon Divisional finals held at Swan Hill. All the best to Coach Cartwright and our team! On Wednesday Miss Cooke will attend a Pastoral Wellbeing network meeting hosted by Catholic Education Sandhurst. We will complete another busy and exciting week on Friday with our annual St Mary's Athletics Carnival. Please let Miss Adams know if you are available to help out on this day ([cadams@smcohuna.catholic.edu.au](mailto:cadams@smcohuna.catholic.edu.au)) and a reminder that we will return to school for lunch, so lunch orders are available as per normal (however we are not having a BBQ like we have in past years).

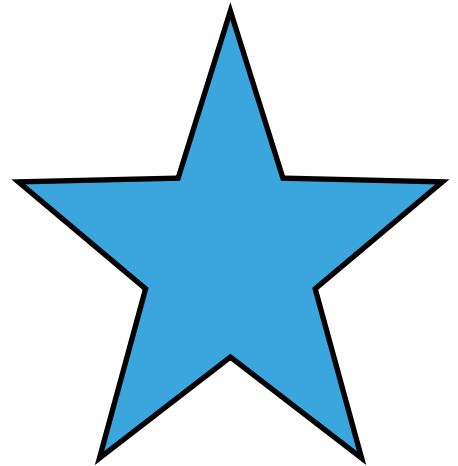
A massive "congratulations" to Maggie who, after representing our school at the Lions Club speech night a couple of weeks ago, represented our Cohuna township on Sunday against students from Kerang, Leitchville, Gumbower, Raywood, Pyramid Hill and Koondrook. Maggie spoke so well again and won this event!! She now goes on to represent our district at Girgarre (near Kyabram) at the next stage. Good luck Maggs!

And finally, please continue to keep our learners who are preparing for the Sacraments of Confirmation and First Eucharist in your thoughts and prayers in the lead up to this wonderful celebration of faith on Sunday 20th August.

Take care and God bless,

*Jarrold Mullavey (Principal)*





**ATHLETICS SPORTS DAY 11TH AUGUST**



**7th August**

**NATE**

**EDWARDS**

# St Mary's Cohuna - Term 3- 2023

## 5

- Mon 7th Aug- Festival of the Sacred ASPA school visit- Yr 5/6 11:45am- 1pm
- Tues 8th Aug - Feast of Mary Mackillop - Mass @ 12:30pm
- Tues 8th Aug - Yr6 Girls Netball in Swan Hill
- Thurs 10th Aug - Playgroup (10-11am) all welcome
- Fri 11th Aug - St Mary's Athletics Carnival

## 6

- Mon 14th Aug - 2024 Prep Family meetings
- Tues 15th Aug - Feast of the Assumption Mass (12:30pm)
- Thurs 17th Aug - IEUVICTAS Principal's Conference @ Moama
- Thurs 17th Aug - P-3 Cohuna Town Library Visits
- Thurs 17th Aug - Playgroup (10-11am) all welcome
- Sun 20th Aug - Confirmation/Eucharist @ 2pm

## 7

- Mon 21st Aug - SAC @ 7pm
- Mon 21st Aug- Festival of the Sacred ASPA school visit- Yr 5/6 11:45am- 1pm
- Tues 22nd Aug - Georgia Donat (Speech) in
- Wed 23rd - Cohuna Town Library visits
- Thurs 24th Aug - Playgroup (10-11am) all welcome
- Fri 25th Aug - 2024 Prep Enrolments due today
- Fri 25th Aug - Book Week Parade

## 8

- Mon 28th Aug - P&F Meeting @ 6:30pm
- Thurs 31st Aug - Director's Briefing (Shepp)
- Thurs 31st Aug - Playgroup (10-11am) all welcome
- Fri 1st Sep - Father's Day Celebrations
- Fri 1st Sep - Zone Athletics

## 9

- Tues 5th - Festival of the Sacred @ Echuca- Year 5/6
- Thurs 7th Aug - Playgroup (10-11am) all welcome
- Fri 8th Sep - Learner Spirituality Day @ Cohuna (Gen Bryant)
- Fri 8th Sep - Send home Welcome to 'St Mary's 2024 Preps' packs

## 10

- Mon 11th - Mallee Division Athletics
- Tues 12th Sep - Georgia Donat (Speech) in
- Thurs 14th Aug - Playgroup (10-11am) all welcome
- Friday 15th Sep - Last day Term 3 - 2:10pm finish

# JUNIOR SCHOOL

## JUNIOR SCHOOL

Highlights from our week..

WEEK 4

Practicing for Athletics with  
Miss Adams

Illustrating our narratives

Assembly



# SENIOR SCHOOL

On Thursday 3/8/2023 we made kites to fly around out outside on the oval. It was super fun and my kite only flew when I replaced the stick with a skewer. The reason why we did this was because it was related to religion and the symbols of Pentecost. The symbol that it was connected to was wind because we can't see wind so we decided to show a kite getting affected by wind, just as we can't see the Holy Spirit but we can see its impact.

Connor Bishop

This week I liked doing high jump in PE because we are practicing for athletics next week. Charlie

This week I liked high jump because I got a new pb and jumped a new height. Jonty

**This week I liked high jump sports and my info report. I also liked Inquiry because there were fun things during the class. Levi**

HEATH- We practiced for athletics and that was fun. I had a lunch order and it was really good.

SCARLETT- I liked writing the information text's. I enjoyed learning about cyber bullying in Inquiry

SUZANNE- This week was fun, I got to play with my friends. I enjoyed writing and Maths.



# A PRAYER

Dear God,  
Thank you for all the blessings in our lives, big and small.  
Thank you for surrounding us with people who love and care for us.  
In Jesus' holy name, we pray.  
Amen



The Feast of  
Mary MacKillop

Please join us for Mass  
12:30 pm  
Tuesday, August 8th  
St. Mary's Church



# COMMUNITY NEWS

St. Mary's



## PREP ENROLMENTS

**NOW OPEN**

School tours available daily!  
Contact the office  
**(03) 5456 2062**



## READ GROW Inspire Book Week

Friday 25th August

Come dressed as your favourite Dr. Seuss character



## Thinking of Starting Golf

Great Deals for New Members



In conjunction with PGA Pro's Matt & Sienna, Friday is Lesson day. Aug 11th Start

- Group Adult Intro to Golf or Sharpen Skills Lessons \$20 3.15PM . Commit 6 weeks get \$120 off a future Membership
- Group Junior Lessons \$10 4.15pm .Free Junior Membership available for new players.

Club will also be open Fridays from 5pm

-Private Lesson Available before group classes \$50/hour  
Contact Club 54562820  
Msg Facebook <https://www.facebook.com/CohunaGolfClub>




## Knowing Your Teen

Parenting teenagers is not easy, it requires creativity, determination, and patience! It is a tough phase for everybody, but you are not alone.

Join other parents and carers in this workshop that aims to provide information, improve understanding, and explore strategies that focus on the strengths and challenges of this stage of development.

✓ Strategies

✓ Problem Solving

✓ Growth

### Workshop Details:

**Date:** Monday 28<sup>th</sup> August 2023

**Time:** 6.30pm – 8.30pm

**Location:** Sir John Gorton Library, Kerang

This is a FREE single session workshop only.

Delivered by CatholicCare's Regional Parenting Team

Early registration is recommended.

Refreshments will be provided.

### RSVP to:

Sir John Gorton Library, Kerang  
Phone: 03 5452 1546

Hosted by:



[www.catholiccarevic.org.au](http://www.catholiccarevic.org.au)

(03) 5438 1300 | 176 – 178 McCrae Street, Bendigo VIC 3550



## St Joseph's College Kildare Campus COMMUNITY OPEN MORNING Saturday 12 August, 2023

Join us to celebrate the opening of our new Kildare Campus!

**9am - 10.30am**

All members of the community are welcome to visit and experience our new state-of-the-art learning facility.



Tours will operate at  
**9am, 9.30am  
and 10am**



**St. Joseph's College Echuca**  
STRENGTH & KINDLINES



**Kildare Education Ministries**  
In the negative tradition

# CANTEEN IS BACK



## St. Mary's Canteen Wednesday & Friday Menu

### Term 3 COMMENCING ON WEDNESDAY 12TH JULY

ALL ORDERS ARE TO BE COMPLETED ON CDFPAY & CLOSE AT 8.30AM EACH MORNING  
(orders can be placed up to 1 week prior)

FOOD & DRINKS WILL BE SUPPLIED BY KIMMY'S CAFÉ

#### PRICE LIST



##### HOT / COLD FOOD

PIE	\$5.00
SAUSAGE ROLL	\$4.50 (GF & DF OPTIONS AVAILABLE)
SWEET CHILLI WRAP	\$6.50
SALT & VINEGAR WRAP	\$6.50
LASAGNA	\$6.50
CHICKEN NUGGETS	\$.80 EACH (GF & DF OPTIONS AVAILABLE)
MINI DIM SIMS	\$.80 EACH
SWEET CHILLI TENDER	\$2.00
SALT & VINEGAR TENDER	\$2.00
MINI PIZZA	\$3.50
CHICKEN SALAD WRAP	\$6.50 (GF & DF)
HAM SALAD WRAP	\$6.50 (GF & DF)

SAUCE .30C

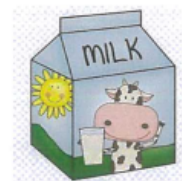
##### SLICES

HEDGEHOG SLICE	\$2.00
JELLY SLICE	\$2.00
RUMBALLS (3)	\$2.00

##### DRINKS - \$3.00

BIG M 300ml - Chocolate or Strawberry

POP TOP - Orange, Apple or Apple/Blackcurrant





# SIMONS SPECIALS



## Sim's Monday Specials



**\$8 PER SERVING**

**ORDER VIA CDF PAY  
BY 5PM ON FRIDAYS**

### WEEK 2 - 17TH JULY

**Option 1:** Sausage Enchiladas with tomato salad

**Option 2:** Pumpkin and sweetcorn soup, crusty bread roll

### WEEK 3 - 24TH JULY

**Option 1:** Beef Chow Mein, on rice

**Option 2:** Stuffed Sweet Potatoes with beans and bacon

### WEEK 4 - 31ST JULY

**Option 1:** Lamb and rice stuffed capsicums

**Option 2:** Ham, pineapple and pesto Turkish pizza subs

### WEEK 5 - 7TH AUGUST

**Option 1:** Fish Finger burgers, homemade chips

**Option 2:** Veggie loaded sausage spaghetti bolognaise

### WEEK 6 - 14TH AUGUST

**Option 1:** Tuna mornay jacket potatoes

**Option 2:** Greek style lamb nachos

### WEEK 7 - 21ST AUGUST

**Option 1:** Beef and potato gnocchi casserole

**Option 2:** Mild chicken Paella, yoghurt dressing

### WEEK 8 - 28TH AUGUST

**Option 1:** Zucchini, pumpkin and feta slice and salad

**Option 2:** Mexican beef nachos

### WEEK 9 - 4TH SEPTEMBER

**Option 1:** Mild curried sausages, creamy potato mash

**Option 2:** Rich tomato and chicken casserole, creamy potato mash

### WEEK 10 - 11TH SEPTEMBER

**Option 1:** Cheesy chicken parmigiana, homemade chips

**Option 2:** Pulled pork tacos with avocado salsa



The St Vincent de Paul Society is an international organisation operating in 153 countries and has over 800,000 members worldwide. The Society has a presence on every continent in the world with the exception of Antarctica perhaps. Mrs Mathers in her role as chaplain at our school is also a St Vinnies Kerang member. She is able to assist families with food vouchers or other resources that families require. You can make appointments to see her if a need arises. Please do not hesitate to contact the school.

**"Helping one person may not change the whole world, But it could change the world for one person."**

God Bless Mrs Mathers



**Book Club**

1. Your child will bring home a Book Club catalogue from school
2. Discuss with, and help your child pick the books they would like to read
3. Order online via the Scholastic Australia LOOP website or app and the school will take care of the rest! (LOOP orders are electronically linked to your school in an easy, secure online process)
4. The books are delivered to your child's classroom.

**LOOP** is the easy way for families to order and pay for Book Club.

Log in, or create a new account at [scholastic.com.au/loop](http://scholastic.com.au/loop)

1. If you are new to Book Club, follow the Wizard to set up your profile
2. Click the ORDER tab, and select your school and child's class
3. Add your child's first name and last initial (so the school knows who the book is for)
4. Enter the product item number shown on the Book Club catalogue
5. Make payment via credit card

SCHOLASTIC

- Prep/1
- Year1/2
- Year3/4 LK
- Year 3/4 B
- Year 5/6 WM
- Year 5/6 D.

LOGIN DETAILS  
 SCHOOL: St Marys School  
 SCROLL to Cohuna  
 Note: No cash please pay through Loop



School Term Dates 2023:  
 Term 1: 27th Jan - 6th Apr  
 Term 2: 24th Apr - 23rd Jun  
 Term 3: 10th Jul - 15th Sep  
 Term 4: 2nd Oct - 20th Dec

*St Mary's acknowledges and pays respects to the traditional custodians of the land on which we meet; the Barrapa Rappa People, and pay respects to elders both past and present.*