



St Mary's Newsletter

TERM 3, WEEK 4

We are more than a third of the way through Term 3 and I hope you feel that your children are in a good school routine. Teachers are enjoying the time they spend each day with our learners and continually comment on their high level of positive behavior.

A huge congratulations to Addy, Pippa, Maggie and Sophie who represented our school at last Friday night's Lions Club Speech Night held at the Memorial Hall. The girls were all well prepared and spoke confidently to a large group. Extra congratulations to Maggie who won her section and will now go on to represent Cohuna at the District Speech Competition next week - good luck Maggs!! And well done also to our Preps who have begun their first 100 days of schooling so positively ... by my calculations they only have another 1300 days of primary schooling to go!

Today (Monday 31/7) we held our second day of PSG meetings. Thank you to those parents who have been able to take the opportunity to meet with their child's teacher to discuss how we can meet their child's additional needs. If you still need to book a PSG meeting for Term 3 just contact the office. Just so you are aware, we had our Term 3 evacuation drill today, so if your child comes home saying there was a fire at school - it was just a drill. Learners were forewarned about this drill. Next term we will have a 'surprise drill' to ensure we are ready for the real thing if needed. This week we will have staff away either sick, or at different times attending professional development workshops (in the areas of Maths and Religious Education). I thank you in advance for your understanding as we have casual relief teachers take lessons in these teacher's absences. A huge thank you to Mrs Fry who brought Playgroup back to life last Thursday ... a week earlier than we'd originally planned!! Playgroup will continue to run each Thursday from 10-11am. Please spread the word among your friends who have preschool aged children. We would love to host them at our school.

Good luck to our star studded Yr6 girls netball team who, accompanied by Coach Cartwright, will represent our district at the Loddon Mallee Region Final next week.

Next Friday 11th August we have our annual St Mary's Athletics Carnival. I know many of our learners have been in hard training for this event! We need as many parent helpers to attend this event as possible. If you can help out, please get in touch with Chloe Adams (cadams@smcohuna.catholic.edu.au) so we can assign you to a group or activity. Please note, we will not be running a BBQ lunch on this day (as we have in the past), instead we will return to school for lunch and our usual lunch orders (from Kimmy's) will be available to those who have ordered.

Book Week is fast approaching (Week 7). Our learners will attend local Cohuna Library visits leading up to the wonderful Book Week Parade (to be held on Friday 25th August). Our theme this year is Dr Seuss books. If you can, please dress your child/ren as a Dr Seuss character for this parade.

And finally, please continue to keep our learners who are preparing for the Sacraments of Confirmation and First Eucharist in your thoughts and prayers in the lead up to this wonderful celebration of faith on Sunday 20th August.

Take care and God bless,

Jarrod Mullavey (Principal)



5th August
GEORGIE EDWARDS
6th August
LIAM BOWLAND
JEDD MCIVOR



St Mary's Cohuna - Term 3- 2023

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- Tues 1st Aug- Kayla Numeracy Network Day
- Thurs 3rd Aug - Playgroup (10-11am) all welcome
- Thurs 3rd and Fri 4th Aug - Crucial Conversations - Wangaratta (Jarrod)

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- Mon 7th Aug- Festival of the Sacred ASPA school visit- Yr 5/6 11:45am- 1pm
- Tues 8th Aug - Feast of Mary Mackillop - Mass @ 12:30pm
- Tues 8th Aug - Yr6 Girls Netball in Swan Hill
- Thurs 10th Aug - Playgroup (10-11am) all welcome
- Fri 11th Aug - St Mary's Athletics Carnival

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- Mon 14th Aug - 2024 Prep Family meetings
- Tues 15th Aug - Feast of the Assumption Mass (12:30pm)
- Thurs 17th Aug - IEUVICTAS Principal's Conference @ Moama
- Thurs 17th Aug - P-3 Cohuna Town Library Visits
- Thurs 17th Aug - Playgroup (10-11am) all welcome
- Sun 20th Aug - Confirmation/Eucharist @ 2pm

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- Mon 21st Aug - SAC @ 7pm
- Mon 21st Aug- Festival of the Sacred ASPA school visit- Yr 5/6 11:45am- 1pm
- Tues 22nd Aug - Georgia Donat (Speech) in
- Wed 23rd - Cohuna Town Library visits
- Thurs 24th Aug - Playgroup (10-11am) all welcome
- Fri 25th Aug - 2024 Prep Enrolments due today
- Fri 25th Aug - Book Week Parade

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- Mon 28th Aug - P&F Meeting @ 6:30pm
- Thurs 31st Aug - Director's Briefing (Shepp)
- Thurs 31st Aug - Playgroup (10-11am) all welcome
- Fri 1st Sep - Father's Day Celebrations
- Fri 1st Sep - Zone Athletics

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- Tues 5th - Festival of the Sacred @ Echuca- Year 5/6
- Thurs 7th Aug - Playgroup (10-11am) all welcome
- Fri 8th Sep - Learner Spirituality Day @ Cohuna (Gen Bryant)
- Fri 8th Sep - Send home Welcome to 'St Mary's 2024 Preps' packs

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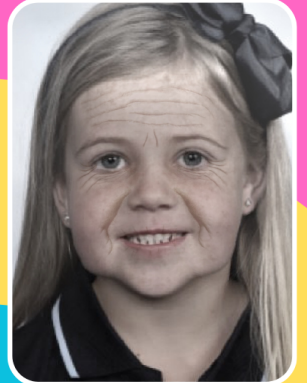
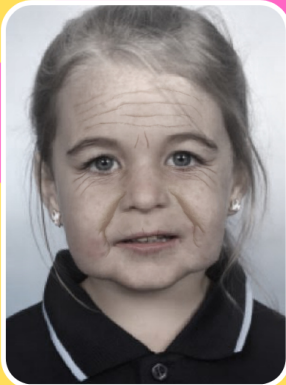
- Mon 11th - Mallee Division Athletics
- Tues 12th Sep - Georgia Donat (Speech) in
- Thurs 14th Aug - Playgroup (10-11am) all welcome
- Friday 15th Sep - Last day Term 3 - 2:10pm finish

JUNIOR SCHOOL

JUNIOR SCHOOL

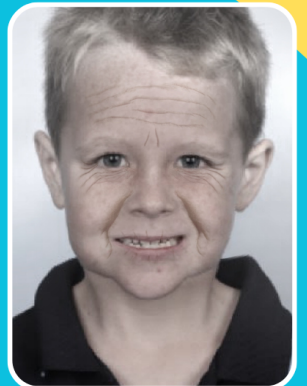
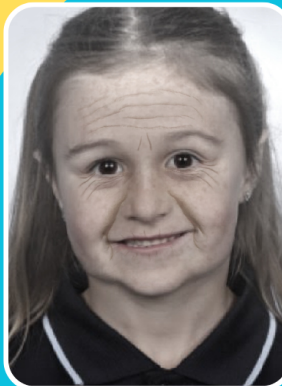
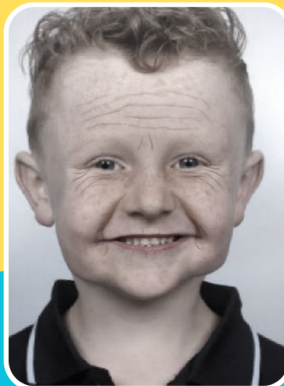
Highlights from our week.

WEEK 3



100 Days Smarter!

Miss Cooke's birthday!



SENIOR SCHOOL

This week has been another wonderful week!

We started the week on Monday, with Mrs Williams! We learned new things like graphing & continued finishing our narratives for book week. We also had Millie's dad cook delicious food for lunch orders!

Tuesday, Specialists! We did Mindfulness, Art & practiced Shot Put & Discus with Miss Adams!

On Thursday we had Mrs Mullavey back, we did Maths and learnt about calculating the volume of prisms.

On Friday we did spelling & again we got lunch orders, they were exquisite & appetising!

My favourite part of this week would either be Art with Mrs Warrington or practicing for Athletics day with Miss Adams!

Overall, we had a wonderful week at school and I can't wait for next week!

By Victoria Smith

Isabella:

This week we started division and we also started the dance for the Festival of the Sacred in Echuca. We started to learn about the fruits of the Holy Spirit and they are kindness, self-control, peace, goodness, joy, love, patience, faithfulness, and gentleness. We also found out about the symbols of the Holy Spirit and their meanings. They are:

wind meaning the breath of God

fire is the gift of the Holy Spirit

a dove is the symbol of peace

a cloud represents God who is hidden from sight but is always there

anointing oil is a sign of power of the Holy Spirit

water is used as a symbol of cleansing and as a source of power.

We presented our Lions clubs speeches and the winners were Addisson, Pippa, Maggie, Sophie, and the runners up were Abbey and Nina

Aesha:

This week we got to do the fruits of the Holy Spirit which was amazing because we got to colour in the fruits and put them in a paper bowl. In maths we did division which was a little bit tricky but I got there and it was so fun! Then we did our dance practice which was magnificent because we practiced our dance and did some fun games. We also presented speeches which was so nerve racking because you had to get in front of the class and talk about a world record. We started information reports which was fun because we got to highlight our facts and plan out our information reports. The most fun thing was specialist because we got to do so many fun things like Art, Italian, Sport and Wellbeing!

A PRAYER

A Prayer for Winter

Lord,

In the midst of winter, when the days are cold and wind can pierce remind us of the warmth of your love.

In the midst of Winter, when days are short, dawn comes late, and dusk arrives early remind us that in the darkness your light still shines.

In the midst of Winter, when the flowers of spring still lie hidden in the earth, when leaves are off the trees, and the world can seem bleak remind us that Spring is but a short time away.

And when in our lives we feel as if we are experiencing a season of Winter, reach out to us with the power of your resurrection so that we may feel the warmth of your love and see your light that alone can take away the darkness of our soul.

Amen



COMMUNITY NEWS



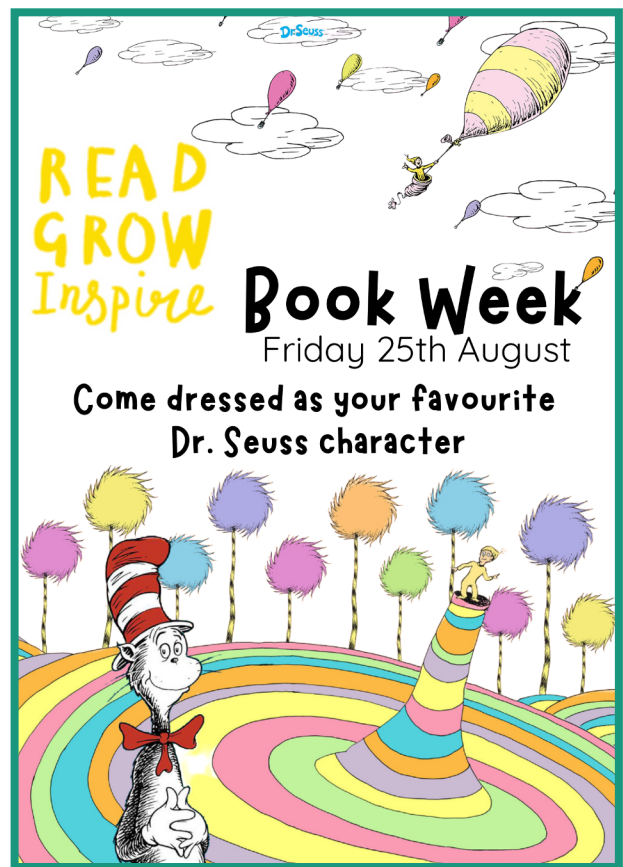
St. Mary's

PREP ENROLMENTS

NOW OPEN

School tours available daily!
Contact the office
(03) 5456 2062

ST. MARY'S
COHUNA



**READ
GROW
Inspire**

Book Week

Friday 25th August

**Come dressed as your favourite
Dr. Seuss character**



Thinking of Starting Golf

Great Deals for New Members

- In conjunction with PGA Pro 's Matt & Sienna, Friday is Lesson day. Aug 11th Start
- Group Adult Intro to Golf or Sharpen Skills Lessons \$20 3.15PM . Commit 6 weeks get \$120 off a future Membership
- Group Junior Lessons \$10 4.15pm .Free Junior Membership available for new players.
- Bar will also be open Fridays from 5pm
- Private Lesson Available before group classes \$50/hour

Contact Club 54562820

Msg.Facebook <https://www.facebook.com/CohunaGolfClub>

**Mrs Mac is looking for any
parents that may have a
chainsaw to trim some
branches in the garden
please.**

**If anyone can help please let
us know**

Thank you



CANTEEN IS BACK



St. Mary's Canteen

Wednesday & Friday Menu

Term 3 COMMENCING ON WEDNESDAY 12TH JULY

ALL ORDERS ARE TO BE COMPLETED ON CDFPAY & CLOSE AT 8.30AM EACH MORNING
(orders can be placed up to 1 week prior)

FOOD & DRINKS WILL BE SUPPLIED BY KIMMY'S CAFÉ

PRICE LIST



HOT / COLD FOOD

PIE	\$5.00
SAUSAGE ROLL	\$4.50 (GF & DF OPTIONS AVAILABLE)
SWEET CHILLI WRAP	\$6.50
SALT & VINEGAR WRAP	\$6.50
LASAGNA	\$6.50
CHICKEN NUGGETS	\$.80 EACH (GF & DF OPTIONS AVAILABLE)
MINI DIM SIMS	\$.80 EACH
SWEET CHILLI TENDER	\$2.00
SALT & VINEGAR TENDER	\$2.00
MINI PIZZA	\$3.50
CHICKEN SALAD WRAP	\$6.50 (GF & DF)
HAM SALAD WRAP	\$6.50 (GF & DF)

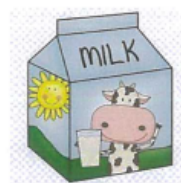
SAUCE .30C

SLICES

HEDGEHOG SLICE	\$2.00
JELLY SLICE	\$2.00
RUMBALLS (3)	\$2.00

DRINKS - \$3.00

BIG M 300ml - Chocolate or Strawberry
POP TOP - Orange, Apple or Apple/Blackcurrent



SIMONS SPECIALS

Sim's Monday Specials



\$8 PER SERVING

**ORDER VIA CDF PAY
BY 5PM ON FRIDAYS**

WEEK 2 - 17TH JULY

Option 1: Sausage Enchiladas with tomato salad

Option 2: Pumpkin and sweetcorn soup, crusty bread roll

WEEK 3 - 24TH JULY

Option 1: Beef Chow Mein, on rice

Option 2: Stuffed Sweet Potatoes with beans and bacon

WEEK 4 - 31ST JULY

Option 1: Lamb and rice stuffed capsicums

Option 2: Ham, pineapple and pesto Turkish pizza subs

WEEK 5 - 7TH AUGUST

Option 1: Fish Finger burgers, homemade chips

Option 2: Veggie loaded sausage spaghetti bolognaise

WEEK 6 - 14TH AUGUST

Option 1: Tuna mornay jacket potatoes

Option 2: Greek style lamb nachos

WEEK 7 - 21ST AUGUST

Option 1: Beef and potato gnocchi casserole

Option 2: Mild chicken Paella, yoghurt dressing

WEEK 8 - 28TH AUGUST

Option 1: Zucchini, pumpkin and feta slice and salad

Option 2: Mexican beef nachos

WEEK 9 - 4TH SEPTEMBER

Option 1: Mild curried sausages, creamy potato mash

Option 2: Rich tomato and chicken casserole, creamy potato mash

WEEK 10 - 11TH SEPTEMBER

Option 1: Cheesy chicken parmigiana, homemade chips

Option 2: Pulled pork tacos with avocado salsa



The St Vincent de Paul Society is an international organisation operating in 153 countries and has over 800,000 members worldwide. The Society has a presence on every continent in the world with the exception of Antarctica perhaps. Mrs Mathers in her role as chaplain at our school is also a St Vinnies Kerang member. She is able to assist families with food vouchers or other resources that families require. You can make appointments to see her if a need arises. Please do not hesitate to contact the school.

"Helping one person may not change the whole world, But it could change the world for one person."

God Bless Mrs Mathers



Book Club

1. Your child will bring home a Book Club catalogue from school
2. Discuss with, and help your child pick the books they would like to read
3. Order online via the Scholastic Australia LOOP website or app and the school will take care of the rest! (LOOP orders are electronically linked to your school in an easy, secure online process)
4. The books are delivered to your child's classroom.

LOOP is the easy way for families to order and pay for Book Club.

Log in, or create a new account at [scholastic.com.au/loop](https://www.scholastic.com.au/loop)

1. If you are new to Book Club, follow the Wizard to set up your profile
2. Click the ORDER tab, and select your school and child's class
3. Add your child's first name and last initial (so the school knows who the book is for)
4. Enter the product item number shown on the Book Club catalogue
5. Make payment via credit card

SCHOLASTIC

Prep/1
Year1/2
Year3/4 LK
Year 3/4 B
Year 5/6 WM
Year 5/6 D.

LOGIN DETAILS

SCHOOL: St Marys School

SCROLL to Cohuna

Note: No cash please pay through Loop



School Term Dates 2023:
 Term 1: 27th Jan - 6th Apr
 Term 2: 24th Apr - 23rd Jun
 Term 3: 10th Jul - 15th Sep
 Term 4: 2nd Oct - 20th Dec

St Mary's acknowledges and pays respects to the traditional custodians of the land on which we meet; the Barrapa Rappa People, and pay respects to elders both past and present.

