



St Mary's Newsletter

WEEK 5 - HALF WAY THROUGH TERM 2!

We are roughly half way through Term 2, the weather is starting to cool off ... and the footy/netball is starting to heat up - GO COHUNA KANGAS!

We have another great week ahead of us here at St Mary's. Today our learners participated in 'First Aid for Kids' which was a fantastic and practical day of learning. On Wednesday we will gather together as a part of National Simultaneous Storytime where schools from all across the country read the same book ("Family Tree by Josh Pyke") at the same time (11am EST) to celebrate the importance of reading. On Thursday we will celebrate National Sorry day at mass in Kerang before participating in The Good Samaritan Cup with St Joseph's Kerang and St Patrick's Pyramid Hill. Hopefully it will mark the beginning of a successful few days of sport against Kerang!

Today we welcome the newest member to our staff - Sally Adams. Sally will work as a Learning Support Officer alongside teachers to support our learners. Please make Sally feel welcome as she begins her time here with us.

It has been wonderful to see parents and carers take up the opportunity to provide extra classroom support, especially at the beginning of the day during our RATS reading time. Please continue to do so and I encourage you to contact your child's teacher to see what times suit best. This is a good time to remind everyone that in order to volunteer in the classroom you will need a current "Working with Children's Check." Further information can be found at: <https://www.workingwithchildren.vic.gov.au/>

Last week I had the opportunity to travel with our Zone Cross Country team to Swan Hill. I was impressed by the efforts and proud of the sportsmanship shown by our 'athletes'. Well done to: Maggie, Jacob, Nina, Camm, Victoria, Kaden, Bella, Charlie, Milla and Pippa on your amazing efforts. A special mention to Bella (1st overall) and Milla (6th overall) who will now go on to represent our school at the next level in St Arnaud! A huge thanks also to Shelley and Kara for your support on the day! I am looking forward to our St Mary's Cross Country which will now take place on Friday 17th June (new date).

Thanks for your ongoing support. Take care and God bless!

Jarrod Mullavey (Principal)

DATES AHEAD

- 25th May: National Simultaneous Storytime 11am
- 26th May: National Sorry Day
- 26th May: Good Samaritan Cup @ Kerang (new date)





St Mary's is a Child Safe School.

We promote the safety, wellbeing and inclusion of all children.

A PRAYER

National Sorry Day

God of Love,

You are the Creator of this land and of all good things. We acknowledge our history and the suffering of our peoples and we ask your forgiveness. We thank you for the survival of indigenous cultures. Our hope is in you because you gave your Son Jesus to reconcile the world to you. We pray for your strength and grace to forgive, accept and love one another, as you love us and forgive and accept us in the sacrifice of your Son.

Give us the courage to accept the realities of our history so that we may build a better future for our nation. Teach us to respect all cultures. Teach us to care for our land and waters. Help us to share justly the resources of this land. Help us to bring about spiritual and social change to improve the quality of life for all groups in our communities, especially the disadvantaged.

Help young people to find true dignity and self esteem by your Spirit. May your power and love be the foundations on which we build our families, our communities and our nation, through Jesus Christ our Lord.

Amen

Canteen

Lunch orders must be placed before 8:45am in the mornings. The new cut off time for lunch orders is 8:45am!

Please note: If your child is absent and has a canteen order placed, please contact the school before 11am on the day so we can cancel this order.

PBIS

Our focus for the start of Term 2 is :-

Looking after your own belongings.



St Mary's acknowledges and pays respects to the traditional custodians of the land on which we meet; the Barrapa Rappa People, and pay respects to elders both past and present.



Dear families,

*We are sorry to say that unfortunately due to staff illness and shortages **there will be no school canteen again next week** (Monday 23rd, Wednesday 25th and Friday 27th May).*

We apologise for the inconvenience. The canteen will re-open on Monday 30th June (Week 6).

Kind regards,

St Mary's staff



IMPORTANT INFORMATION - ST MARY'S A NUT FREE ZONE

As of 2022 St Mary's will be a nut-free zone. Over recent times we have had an increased number of learners with allergies and anaphylaxis. We already expect that our learners do not share food and by limiting some food products coming into school we continue to minimise the risk of harm to these learners. Moving forward can families please refrain from packing:

- Any nut products
- Peanut butter
- Nutella
- Nut based muesli bars
- Nougat
- Biscuits that contain nut products
- Cakes that contain nut products

Thank you to the whole community for your co-operation with this change.



- Ayla Wishart 20th May
- Mitchell Gray 21st May
- Jax Taylor 22nd May

Junior School Team

We are very proud of how resilient and empathic our junior learners have been especially with illness and staff shortages.

A very warm welcome to Sally Wood who is helping Ms Cartwright with our preps.

During our inquiry we have been learning about how different exercises affect our body and can explain what exercise is and why it is important.

Regarding writing we have been categorising and describing healthy and unhealthy choices. We are continuing to work hard on our information reports and sequencing the information correctly.

During maths, we have been learning about place value, skip counting and months of the year, we loved highlighting special holidays in Australia and our birthdays. Parents please remember to label jumpers as we are accumulating a lot of lost property. Stay safe.

Senior School Team

What a busy week in the Senior classrooms. The Year 3 and 5's completed their NAPLAN testing, and should be very proud of themselves for the commitment and effort they put towards their NAPLAN. They all tried their best and approached the testing with a positive attitude. Each class is continuing to improve their persuasive writing skills, learning about techniques to persuade the reader, how to edit their finished pieces as well as publish them.

In maths, the Year 5 and 6's are still focusing on different aspects of fractions, such as ordering them, and adding and subtracting those with different denominators.

The Year 3/4 's are continuing to learn different strategies for addition, and focusing on algorithms to help them with this.

In R.E, the focus is on different types of prayer, as well as the church year.

FLYING DOCTOR SCHOOL DENTAL PROGRAM

The Flying Doctor Dental team will be visiting St. Mary's in late July to provide FREE dental check-ups and education about healthy teeth and gums. Please be aware that this dental check-up is a basic evaluation and does not take the place of a full comprehensive dental examination. If you would like your child to have a dental check-up, please complete the consent form which will be sent home shortly, and return it to school. After your child's check-up, the dental team will send home a report. If your child requires follow-up treatment this will be stated in the report. The mobile public clinic will be in town shortly after and your child can have their treatment completed at no cost, or you can visit your nearest public or private practice. If you require any further information please contact Flying Doctor Dental Team on (03) 8412 0444 or dental@rfdsvic.com.au.

SCHOOL NURSE VISIT

Kerrie McCosh, primary school nurse, will be visiting our school on May 30th and June 3rd this year.

Prep Health Assessments:

All parents/guardians of Prep children will be asked to complete a Health Questionnaire and return the form to the school before May 30th 2022. If you do not wish your child to be seen by the school nurse, please sign the non-consent section and return the form to the school.

Referrals (Grades 1-6): Parents and/or teachers may refer children from any grade for assessments of vision, hearing, basic speech, physical abilities, medical conditions, behavioural and parenting issues. Please collect a referral form from the school office. Completed forms are to be handed into the school office prior to May 30th 2022. Should parents wish to have an interview with the School Nurse, please indicate your request on the form.



This week's presentation from [The Resilience Project](#) focuses on Gratitude.

Gratitude is paying attention to the things that we have right now, and not worrying about what we don't have. We practise this by noticing the positives that exist around us.

Research shows that practicing gratitude rewires our brains to overcome the negativity bias (which can lead to anxiety and depression) and see the world for what we are thankful for. It is also shown to broaden thinking, and increase physical health through improved sleep and attitude to exercise.

View Part 2 of the series here - Gratitude

<https://theresilienceproject.com.au/parent-and-carer-hub-hugh/>

There are many ways in which you can practise gratitude, including starting a [Wellbeing Journal](#). In the image below are a few ideas to get started.

Source: [Psychology Today](#)

For mental health resources and support information, visit [The Resilience Project's Support Page](#).

We're wearing our
FOOTY COLOURS

on: **FRIDAY 9TH JUNE**

Help us kick goals for kids with cancer by wearing your favourite footy team's colours and making a donation.

footycoloursday.com.au #footycoloursday

Proudly supported by **FOXTEL**

Fight Cancer Foundation
giving hope. saving lives.

NATIONAL FAMILY READING MONTH!

Read more in May 2022!

Recommended books to read for Reconciliation Week:

BE BRAVE. MAKE CHANGE.

NATIONAL RECONCILIATION WEEK 2022
27 MAY – 3 JUNE #NRW2022

RECONCILIATION AUSTRALIA

- **Tell Me Why** by Robyn Templeton & Sarah Jackson
- **Finding Our Heart** by Thomas Mayor
- **Our Home, Our Heartbeat** by Adam Briggs
- **Somebody's Land: WELCOME TO OUR COUNTRY** by Adam Goodes
- **Freedom Day** by Thomas Mayor, Rosie Smiler & Samantha Campbell
- **Day Break** by Amy McQuire
- **Found** by Bruce Pascoe
- **Kimberley Warrior: The Story of Jandamarra** by John Nicholson

Brought to you by NOCH

RECONCILIATION AUSTRALIA

KERANG RECONCILIATION WEEK

Friday 27 May 2022

10.00am Flag raising and Reconciliation Walk I commences from Kerang Council Building, Victoria Street, Kerang

10.15am Walk to Sir John Gorton Library

10.30am Smoking Ceremony & Welcome | Storytelling | Q&A with Elders & Typien Kwe Children's Group | School Poster Exhibition

Morning Tea provided

27 MAY – 3 JUNE

NATIONAL RECONCILIATION WEEK 2022 #NRW2022
NRW.RECONCILIATION.ORG.AU

This event is funded by Gannawarra Shire Council through the Victorian Government's Community Activation and Social Isolation (CASI) initiative.



TERM 2 DATES:

Week 1

- 25th Apr: ANZAC Day (no school)
- 26th Apr: Term 2 begins
- 27th Apr: ANZAC Day at school ceremony 10:30am
- 28th Apr: School photos
- 29th April: Inquiry Launch - How does our health affect our wellbeing?

Week 2

- **Catholic Education Week**
- 2nd May: Student Conference - Echuca (Gr5/6 learners)
- 3rd May: SAC meeting 7pm
- 4th May: Classroom Mass - Seniors
- 4th May: St Mary's Open Evening - potential enrolments
- 6th May: Mother's Day stall and morning tea

Week 3

- 9th May: PSG's
- 9th May: P&F Meeting 6:30pm
- 12th May: Cross Country @ the Cohuna Ovals
- 13th May: GRIP Leadership day Bendigo (Gr 6 Sports Captains)

Week 4

- 16th May: PSG's
- 17th - 19th: NAPLAN
- 17th May: Zone Cross Country
- 20th May: Assembly @ 2.20pm Yr 3/4 to host

Week 5

- 25th May: National Simultaneous Storytime 11am
- 26th May: National Sorry Day
- 26th May: Good Samaritan Cup @ Kerang (new date)

Week 6

- **National Reconciliation Week**
- 1st June: School Mass - Junior
- 2nd June: Sacramental Program Orientation (Confirmation and Eucharist)
- 3rd June: Lightning Premiership

Week 7

- **Testing and Assessment week across the whole school**
- 6th June: SAC Meeting 7pm

Week 8

- 13th June: Public Holiday - no school
- 17th June: School Report sent home
- 17th June: School Assembly @ 2.20pm Yr 1/2 to host

Week 9

- 21st June: Collaborative Planning with St Pat's for Term 3
- 22nd June: Learning Conversations (12.30pm - 7.00pm)
- 24th June: Last day Term 2 - 2:15pm finish



TERM 1: 28th January - 8th April

TERM 2: 26th April - 24th June

TERM 3: 11th July - 16th September

TERM 4: 3rd October - 20th December