



St Mary's Newsletter

WEEK 4 -

Term 2 is flying along! We are already up to Week 4 and can you believe it - teachers are already beginning to work on mid-term reports!!

This week Grade 3's and 5's will complete their NAPLAN testing in the areas of Reading, Language Conventions (spelling, punctuation and grammar) and Mathematics. These learners will celebrate the completion of testing on Thursday with HOT CHIPS!! A lot of work goes on behind the scenes to set up this testing, and I thank Meg Cooke for her work in this area.

Tonight (Monday 16th May) our Parents & Friends will meet at 6:30pm in the school staff room to discuss the many proposed upcoming events. Kelsey and the P&F team are always looking for new members, so come along if you would like to be involved in raising funds for our school ... and it's a night out with good people!

Last Wednesday night Hugh from the Resilience Project hosted a parent webinar on resilience. I love Hugh's simple message of how practising Gratitude, Mindfulness and Empathy can increase our overall happiness and wellbeing. If you were unable to attend and would like to see this presentation please click on the link below:

https://us02web.zoom.us/rec/share/J9gl3PNY9AgssPYZFYGkHypXmu5s8BRYLoC0CT-k2etNM6CPFQVRYrGM3Knia-W0.oAzTJWvV_MapG7CU (Please note, this link will expire at midnight on 26th May).

On Friday of last week I had the pleasure of joining Millah, Sam, Edie and Noah at a student leadership conference held in Bendigo. The conference was hosted by 'GRIP Leadership' and shared the message that leaders need to step up, lead with integrity and work together to achieve greatness. The Gannawarra Shire sponsored our students attending the conference and I thank Pia Frisby for all her work in organising this day.

Tomorrow I will attend Zone Cross Country with nine of our learners. This zone team was selected based on results from a backup run held at school and observations throughout P.E and Sport lessons. We understand this is not the ideal way to select a representative team, however due to our Cross Country postponement we were left with no other option. I thank parents and families for their understanding with this decision.

This Friday we were planning to celebrate 'Walk Safely to School day' and hold our previously postponed School Cross Country. However we have a number of staff and learners off sick this week, so we have made the decision to hold this day on Friday 17th June (Week 8). Please see the Canva in this week's newsletter for further information.

And lastly we are very excited (but also saddened) as we say (kind of) goodbye to Sacha Keir. As many of you know, Sacha has been an invaluable member of our staff over many years working with learners and staff in the area of wellbeing and mental health. Sacha will no longer work at St Mary's on a Tuesday as School Chaplain, but we are excited for her as she moves towards extending her private practice in Cohuna. This will allow Sacha the opportunity to have an even greater impact on those in our community who need her skills and care. We wish you all the best Sacha and look forward to seeing you around the school as "Mum" to Oskar and Tully. Thank you for all that you have done, and continue to do for our community!

Thanks for your ongoing support. Take care and God bless!

Jarrod Mullavey (Principal)





St Mary's is a Child Safe School.

We promote the safety, wellbeing and inclusion of all children.

A PRAYER

Prayer for Learners

Father,

Be with our Learners as they sit the NAPLAN tests. Keep their minds alert and their memories sharp.

Calm their nerves and help them concentrate. Walk with them, guiding their path and inspiring their heart.

We pray that they would feel you with them, and that your friendship would soften the pressure they feel.

We pray that they are filled with confidence in knowing that their best is enough and that through trying they can feel fulfilled.

Thank you for your peace and your love in our lives. Thank you for your kindness and care for me.

Amen.

Canteen

Lunch orders must be placed before 8:45am in the morning. The



absent and has a canteen order placed, please contact the school before 11am on the day so we can cancel this order.

PBIS

Our focus for the start of Term 2 is :-

Looking after your own belongings.



St Mary's acknowledges and pays respects to the traditional custodians of the land on which we meet; the Barrapa Rappa People, and pay respects to elders both past and present.



YEAR 7 2023 ENROLMENTS NOW OPEN

Please apply online via our website: <https://www.sje.vic.edu.au/enrolment/>
Applications Close Wednesday, 18 May 2022.

For more information please contact:
Mrs Brianna James
(03) 5482 2577 or registrar@sje.vic.edu.au



ST. JOSEPH'S COLLEGE ECHUCA
Strength & Kindness



IMPORTANT INFORMATION - ST MARY'S A NUT FREE ZONE

As of 2022 St Mary's will be a nut-free zone. Over recent times we have had an increased number of learners with allergies and anaphylaxis. We already expect that our learners do not share food and by limiting some food products coming into school we continue to minimise the risk of harm to these learners. Moving forward can families please refrain from packing:

- Any nut products
- Peanut butter
- Nutella
- Nut based muesli bars
- Nougat
- Biscuits that contain nut products
- Cakes that contain nut products

Thank you to the whole community for your co-operation with this change.



Its going to be a big day! Friday 17th June

WALK SAFELY TO SCHOOL DAY

TO RECOGNISE 'WALK SAFELY TO SCHOOL' DAY
WE INVITE FAMILIES TO JOIN US TO WALK FROM
SCHOOL TO COHUNA RECREATIONAL OVAL.

3- 6 LEARNERS LEAVE AT 9.00AM

P-2 LEARNERS LEAVE AT 11.00AM

LEARNERS WILL BE PROVIDED WITH A HEALTHY
RECESS AT 10.50AM.



CROSS COUNTRY



9.30AM - 12/13YR OLD
9.50AM - 11YR OLD
10.10AM - 10YR OLD
10.30AM - 9YR OLD
11.20AM - 8YR OLD
11.40AM - 5/6YR OLD
12.00PM - 7YR OLD
1.00PM- RETURN TO SCHOOL

COME CHEER ON OUR LEARNERS AT THE
COHUNA RECREATIONAL OVALS.
PRESENTATIONS TO TAKE PLACE AT ASSEMBLY.
SEE SCHOOLSTREAM FOR MORE INFORMATION

ASSEMBLY

WE WILL RETURN TO SCHOOL FOR AN EARLY LUNCH
(1.20PM- LUNCH ORDERS AVAILABLE)
ASSEMBLY WILL COMMENCE 2.20PM IN THE CHURCH
ALL FAMILIES WELCOME



-SHOWCASE OF YEAR 1/2 LEARNING

-CLASSROOM AWARDS

-PRESENTATION OF CROSS COUNTRY MEDALS

PLEASE SEE SCHOOLSTREAM FOR MORE INFORMATION.

Junior School Team

Our Junior School has been working on and learning about information reports, how they are structured and how we can best edit our work before handing it in. We are looking at factual and non factual text, especially reports that give us information on healthy choices and our well being. Unfortunately the cross country was canceled but that doesn't mean we have stopped striving towards our fitness goals and we are running daily as a team. Our reading and math rotations are running smoothly and many of our learners will be tested on their reading over the next few weeks. During religious studies we are learning about the different ways of praying including meditation, singing, prayers through nature and traditional prayers. How do you pray at home? Please stay safe and well, if sniffles and sneezes are present, please stay home and rest.

Senior School Team

Good luck to the Year 3's and 5's who are sitting their NAPLAN testing this week. We have been completing lots of practice in class to be as prepared as we can be. In maths, the year 5 and 6's have been continuing to learn about fractions, how to order them, as well as how to add and subtract fractions with common denominators, and turning improper fractions into mixed numbers. We are also comparing 12 and 24 hour time. For writing, each senior classroom is continuing to write their persuasive texts about a topic of their choice, and are beginning the editing process. The Year 3/4 's are learning to identify adjectives, nouns and verbs within a text. In Inquiry we are continuing to find out about what it means to be physically active, and how this can affect our health and wellbeing. In R.E we have been learning about the different types of prayer and where to locate examples of these in the Bible, as well as how we can use them in our everyday lives.

FLYING DOCTOR SCHOOL DENTAL PROGRAM

The Flying Doctor Dental team will be visiting St. Mary's in late July to provide FREE dental check-ups and education about healthy teeth and gums. Please be aware that this dental check-up is a basic evaluation and does not take the place of a full comprehensive dental examination. If you would like your child to have a dental check-up, please complete the consent form which will be sent home shortly, and return it to school. After your child's check-up, the dental team will send home a report. If your child requires follow-up treatment this will be stated in the report. The mobile public clinic will be in town shortly after and your child can have their treatment completed at no cost, or you can visit your nearest public or private practice. If you require any further information please contact Flying Doctor Dental Team on (03) 8412 0444 or dental@rfdsvic.com.au.

SCHOOL NURSE VISIT

Kerrie McCosh, primary school nurse, will be visiting our school on May 30th and June 3rd this year.

Prep Health Assessments:

All parents/guardians of Prep children will be asked to complete a Health Questionnaire and return the form to the school before May 30th 2022. If you do not wish your child to be seen by the school nurse, please sign the non-consent section and return the form to the school.

Referrals (Grades 1-6): Parents and/or teachers may refer children from any grade for assessments of vision, hearing, basic speech, physical abilities, medical conditions, behavioural and parenting issues. Please collect a referral form from the school office. Completed forms are to be handed into the school office prior to May 30th 2022. Should parents wish to have an interview with the School Nurse, please indicate your request on the form.



The Resilience Project

Throughout 2022, we will be working closely with The Resilience Project to support the wellbeing of our school community.

[The Resilience Project](#) delivers emotionally engaging programs and provides evidence-based, practical strategies to build resilience.

Our Partnership Program consists of online presentations and weekly lessons for students, professional development for staff, and Parent & Carer Hub (inc. digital presentations) for our parent and carer community.

Over the coming weeks, we'll be sharing the Parent & Carer Hub with you. The videos are 5-10 minutes long and will walk through the key pillars of resilience: **Gratitude**, **Empathy** & **Mindfulness**. You'll hear stories and be introduced to activities to show how these strategies can support our kids' learning and development, and also support you as parents and carers.

This program is an important part of our school's effort to look after the mental health of our community.

View the first presentation of the series here: Part 1: Meet Hugh and learn about The Resilience Project - <https://theresilienceproject.com.au/parent-and-carer-hub-hugh/>

In this presentation, Hugh shares a personal experience about his sister's battles with Mental Illness.

Note: This video contains a story about an Eating Disorder that may be triggering. Please consider this before watching. For mental health resources and support information, visit The Resilience Project's Support Page.

We will be in touch to share the remainder of the program, including research and wellbeing activities to integrate into day to day life.

Fight Cancer FOOTY COLOURS DAY!

We're wearing our **FOOTY COLOURS**

on: **FRIDAY 9TH JUNE**

Help us kick goals for kids with cancer by wearing your favourite footy team's colours and making a donation.



footycoloursday.com.au #footycoloursday

Proudly supported by **FOXTEL**

Fight Cancer Foundation
giving hope. saving lives.

NATIONAL FAMILY READING MONTH!
Read more in May 2022!

Recommended books to read for Reconciliation Week:



BE BRAVE. MAKE CHANGE.
NATIONAL RECONCILIATION WEEK 2022
27 MAY – 3 JUNE #NRW2022

- **Tell Me Why** by Robyn Templeton & Sarah Jackson
- **Finding Our Heart** by Thomas Mayor
- **Our Home, Our Heartbeat** by Adam Briggs
- **Somebody's Land: WELCOME TO OUR COUNTRY** by Adam Goodes
- **Freedom Day** by Thomas Mayor, Rosie Smiler & Samantha Campbell
- **Day Break** by Amy McQuire
- **Found** by Bruce Pascoe
- **Kimberley Warrior: The Story of Jandamarra** by John Nicholson

Brought to you by **NOCH**

BE BRAVE. MAKE CHANGE.

RECONCILIATION AUSTRALIA

KERANG RECONCILIATION WEEK
Friday 27 May 2022

10.00am Flag raising and Reconciliation Walk I commences from Kerang Council Building, Victoria Street, Kerang

10.15am Walk to Sir John Gorton Library

10.30am Smoking Ceremony & Welcome | Storytelling | Q&A with Elders & Typien Kwe Children's Group | School Poster Exhibition

Morning Tea provided

27 MAY – 3 JUNE

NATIONAL RECONCILIATION WEEK 2022 #NRW2022
NRW.RECONCILIATION.ORG.AU

This event is funded by Gannawarra Shire Council through the Victorian Government's Community Activation and Social Isolation (CASI) initiative.



TERM 2 DATES:

Week 1

- 25th Apr: ANZAC Day (no school)
- 26th Apr: Term 2 begins
- 27th Apr: ANZAC Day at school ceremony 10:30am
- 28th Apr: School photos
- 29th April: Inquiry Launch - How does our health affect our wellbeing?

Week 2

- **Catholic Education Week**
- 2nd May: Student Conference - Echuca (Gr5/6 learners)
- 3rd May: SAC meeting 7pm
- 4th May: Classroom Mass - Seniors
- 4th May: St Mary's Open Evening - potential enrolments
- 6th May: Mother's Day stall and morning tea

Week 3

- 9th May: PSG's
- 9th May: P&F Meeting 6:30pm
- 12th May: Cross Country @ the Cohuna Ovals
- 13th May: GRIP Leadership day Bendigo (Gr 6 Sports Captains)

Week 4

- 16th May: PSG's
- 17th - 19th: NAPLAN
- 17th May: Zone Cross Country
- 20th May: Assembly @ 2.20pm Yr 3/4 to host

Week 5

- 25th May: National Simultaneous Storytime 11am
- 26th May: National Sorry Day
- 26th May: Good Samaritan Cup @ Kerang (new date)

Week 6

- **National Reconciliation Week**
- 1st June: School Mass - Junior
- 2nd June: Sacramental Program Orientation (Confirmation and Eucharist)
- 3rd June: Lightning Premiership

Week 7

- **Testing and Assessment week across the whole school**
- 6th June: SAC Meeting 7pm

Week 8

- 13th June: Public Holiday - no school
- 17th June: School Report sent home
- 17th June: School Assembly @ 2.20pm Yr 1/2 to host

Week 9

- 21st June: Collaborative Planning with St Pat's for Term 3
- 22nd June: Learning Conversations (12.30pm - 7.00pm)
- 24th June: Last day Term 2 - 2:15pm finish



TERM 1: 28th January - 8th April

TERM 2: 26th April - 24th June

TERM 3: 11th July - 16th September

TERM 4: 3rd October - 20th December