

Issue 10, 26th April 2022

## COHUNH COHUNH

# **St Mary's** Newsletter

## WEEK 1 - WELCOME BACK!

He is Risen! I hope all our families had an enjoyable Easter holiday break after a busy term, I know I did. Although this term is only 9 weeks long, I feel like we will be fitting a lot in!

We have an exciting first week of term with an ANZAC day ceremony run by the Cohuna RSL tomorrow (Wednesday 27/4) here at school. The ceremony will begin at <u>10:30am and all families are welcome to attend</u>. The ceremony will compliment the community event that was held on Monday. Thank you again to all families and staff members who were able to attend this day and join in our school march.

On <u>Thursday</u> we will have our <u>school photos</u>. Please ensure your child/ren are in the correct school uniform (either Summer or Winter uniform is fine).

To complete our first week of the term we will hold our <u>Inquiry launch</u> where we will focus on <u>'How our health affects our</u> <u>Wellbeing.'</u> Learners will take part in a range of activities to engage them in this unit of work, including: meditation, boxing, aerobics and a nature walk to name a few.

Please see The Term Ahead document attached to the newsletter. There has been one change already to these dates. The Good Samaritan Cup will now be held on <u>Thursday 26th May</u> (not Friday 27th May).

We have updated COVID Safe guidelines provided by the Catholic Education Commission of Victoria (CECV). I have shared the new changes via School Stream. The main changes are:

- No masks (unless a household contact)
- No isolation for household contacts (they have to wear a mask and RAT test 5 days per week)
- RAT tests will continue twice per week for at least the first 4 weeks
- Parents/carers (who are not working at the school) can come on site and don't have to show their vaccination evidence.

And finally, on <u>Wednesday 4th May</u> we will hold our <u>St Mary's Open Evening</u> for 2023 Prep families, and potential Prep families. The night will begin at <u>6:30pm</u> and provide information about our school to prospective parents. Please help us spread the word of this night to any families you know may be interested.

#### Thanks for your ongoing support. Take care and God bless! Jarrod Mullavey (Principal)



#### DATES AHEAD

- 26th April Term 2 Begins
- 27th April ANZAC day @ School Ceremony 10.30am & Playgroup with Mrs. Fry @ 10.30am
- 28th April School Photos
- 29th April Inquiry Launch How does our heath affect our wellbeing?



## **A PRAYER**

ANZAC Day

Gracious and loving God,

We remember all who lost their lives through Australia's involvement in wars, conflicts and peacekeeping operations. On ANZAC Day, we especially remember the courageous actions undertaken by the Australian and New Zealand Army Corps during the First World War. On this national day of commemoration, we pray for the airmen, sailors and soldiers who died in battle, sacrificing their lives while on duty. We commemorate their bravery and pray for the families who lost loved ones. As we strive for peace in our country and world, help us to become instruments of your peace.

#### Amen

Lunch orders must be placed before<u>8:45am</u> in the mornings. The new cut off time for lunch orders is <u>8:45am!</u>

Canteen

Please note: If you child is absent and has a canteen order placed, please contact the school before 11am on the day so we can cancel this order.



PLAYGROUP IS BACK!

Playgroup @ St Mary's is back! Starting Term 2, Wednesday 27th April @ 10 - 11am with Mrs. Fry.

#### PBIS

#### Caring for our environment

Our focus for the start of Term 1 is how we behave in the toilets.



St Mary's acknowledges and pays respects to the traditional custodians of the land on which we meet; the Barrapa Rappa People, and pay respects to elders both past and present.

#### **SCHOOL PHOTOS**

A reminder our school photos will take place this Thursday 28th April. Please make sure all envelopes are returned for this day.



#### IMPORTANT INFORMATION - ST MARY'S A NUT FREE ZONE

As of 2022 St Mary's will be a nut-free zone. Over recent times we have had an increased number of learners with allergies and anaphylaxis. We already expect that our learners do not share food and by limiting some food products coming into school we continue to minimise the risk of harm to these learners. Moving forward can families please refrain from packing:

- Any nut products
- Peanut butter
- Nutella
  Nut based muesli bars
- Nut based muesh bars
   Nougat
- Biscuits that contain nut productsCakes that contain nut products

Thank you to the whole community for your co-operation with this change.





#### **Cadbury Easter Fundraiser**

Can all fundraiser monies still owed, please be directly deposited into our NAB St Mary's account ASAP.

BSB: 083-543

Account No: 457171993





#### **Junior School Team**

Welcome back to school! We hope you all have a lovely break and enjoyed the time to rest and rejuvenate ready for Term 2. We are so excited to see you all back at school ready for a fun filled term. This term we will be focusing on 'How does our health affect our Wellbeing?' During this time we will be exploring the benefits of physical exercise and their links to wellness. Our Inquiry launch is on Friday, all our staff have fabulous activities planned to engage and promote healthy living. During Religious Education we are learning about the different forms of prayer and how we can personally connect with Jesus. We hope you had a peaceful ANZAC day with loved ones and remembered those soldiers who represented and served both Australia and New Zealand

in the war and in war - like conflicts.





- Alby Pollock 6th April
- Isabella Hore 14th April
- Phoebe O'Mahoney 16th April Suzanne Manning 17th April
- Tyler Jones 21st April
- Camm Nicholson 21st April

#### **Senior School Team**

Welcome back to Term 2, what will be a short but very busy term! We hope everyone had a restful and enjoyable holiday break. This term in Inquiry we are investigating the topic 'How Does Our Health Affect Our Wellbeing?' We have our launch for this on Friday, which is sure to be a great day.

In R.E this term, our focus will be on Prayer and the importance of it both historically, and in our everyday lives.

The Year 5 and 6 learners are looking forward to their Student Leadership Conference next Monday in Echuca, where they will be participating in lots of activities with a leadership and 'being your best self' focus. Please make sure you have signed and returned your child's permission form, which was sent home in paper form. This week we will also have our ANZAC Day service at school on Wednesday at 10:30, and school photos on Thursday.



#### ST MARY'S PRIMARY SCHOOL TERM 2 & 3 WINTER MENU 2022

I'm HUNGRY!!!! Classic Potato Wedges \$4.00

Sweet Potato Wedges \$4.50

Optional add ons - *Sweet Chilli Sauce* 50c *Sour Cream* 50c

Baked Potato with Coleslaw & Sour Cream \$5.00 Baked Potato with Baked Beans & Cheese \$5.00 Fresh steamed Corn on the Cob with Butter \$3.00 WARM & TOASTIE!!!!

Please Choose White or Multigrain Bread

Ham & Cheese Toastie \$3.00 Ham, Cheese & Tomato Toastie \$3.30 Chicken & Cheese Toastie \$3.30 Baked Bean Toastie \$3.30 Cheese Toastie \$2.50

**Cheese & Bacon Roll \$3.00 served warm with melted cheese** 

<u>Mini Garlic Rolls</u> \$2.50 Small bread roll with garlic butter, served warm.

#### CHICKEN NUGGETS 70c each FISH FINGERS 70c each

#### TOMATO SAUCE 30c each

<u>Sweet Chilli Chicken Tender Wrap</u> \$5.50 Sweet Chilli Chicken Tender Strips with Lettuce, Tomato, Cheese & Mild Sweet Chilli Sauce. <u>Option</u>: with CHEESE only \$4.50

<u>Classic Crumb Chicken Tender Wrap \$5.50</u> Classic Crumb Chicken Tender Strips with Lettuce, Tomato & Cheese. **Option:** with **CHEESE only** \$4.50

<u>MILKSHAKES WITH SIPPAH STRAWS \$2.20</u>

Cocoa Bean Chocolate, Lucious Strawberry, Velvety Vanilla, Cookies & Cream, Hellow Marshmallow, Banana Smoothie & Smooth Caramel.

<u>All milkshakes served with 200mls light milk & shaken for</u> <u>FUN!!</u>

JUST JUICE \$2.20 Apple, Orange, Apple Blackcurrant, Paradise Punch & Orange

WATER \$1.50

<u>GLUTEN FREE OPTIONS</u> <u>Gluten Free</u> Chicken Nuggets 70c each

<u>Gluten Free</u> Crumbed Chicken Tender Wrap \$5.50 GF Wrap with GF Crumb Chicken, Lettuce, Tomato & Cheese.

**Option:** with **CHEESE only \$4.50** 

HAM & PINEAPPLE PIZZA \$5.00 Pita bread topped with tomato pizza sauce, ham & pineapple.

(Available on Wednesday's only!)

VAALIA YOGHURT TUBES \$3.00 Strawberry or Vanilla

> PADDLEPOPS \$2.20 Rainbow or Banana

CALIPPO ICYPOLE \$2.20 Raspberry Pineapple





Vector**Stock** rStock.com/19644029





#### Year 7 2023 **Information Evening**



Wednesday, 4 May 2022 at 7pm in the College Oak Centre.

Tour St Joseph's College with our new Principal, Ms Anne Marie Cairns.

- Monday 4 April 2022: 9am and 4.15pm
- Wednesday 27 April 2022: 2pm and 4pm Thursday 28 April 2022: 9am and 10.45am

To book a tour contact Mrs Brianna James on 03 5482 2577 or email registrar@sje.vic.edu.au.

www.sje.vic.edu.au











SSION | RESPECT | INTEGRITY



Community-Ownership-Respect-Excellence Excellemus: Let us excel



Dear Parent/Guardian,

As we draw closer to the commencement of NAB AFL Auskick for another season, I wanted to take this opportunity to introduce myself. My name is Steven Spring and I am your Auskick Coordinator for 2022, thank you for choosing Cohuna Auskick

Please find below some updated information regarding the upcoming Auskick season

Location: Sessions will be held at the Cohuna Recreation Reserve

When: Thursday Night sessions will be 4:45 - 5:45pm Our 'Saturday Games' will commence at around 3:15pm

**Season Dates:** Our first session will be a come and try night on 31<sup>st</sup> March, which will include a parent information session. Please note that Auskick will run for 13 sessions over a 17-week period, above the 8 you pay for Auskick under the terms of participation. We have also include 2 games that align with Cohuna Kangas FNC home games and another game at Barham. These will be played at half time of the seniors and will give the kids a real game day experience. Over the duration of the season, we may have planned bye weeks on long weekends and school holidays as we understand that many families go away during these periods. Please see the Session Timetable below.

**Volunteers:** As you may have noted during the registration process of your child, NAB AFL Auskick relies on volunteer parent helpers during each session to ensure we can run allocated activities and provide critical support to ensuring the best experience possible for Auskickers. Thank you in advance to those who have listed their level of engagement preference, I'm very appreciative of the assistance you will provide throughout the season. The roles required include:

- Set Up Help the coach set up the activities before the sessions @ 4:30pm (15mins)
- Activity Helpers Help the coach throughout the session with activities (45mins)
- Goal Umpires At the end of each session there will be a game and we need goal umpires to help out (20mins)
- Pack Up Pack up equipment and put away in club storage room (15mins)

**Next Steps:** I encourage all parents/guardians to attend the parent information session on 31<sup>st</sup> March. At this session we will discuss volunteer roles in more detail and I can answer any questions you might have. Please note that Footy boots are not a requirement to play Auskick, if your child has boots, they are welcome to wear them of course.

Head over to Cohuna Auskick 2022 | Facebook and make sure to follow to get updates ©

Victorian Government Get Active Vouchers: If you are eligible for one of these vouchers, please ensure you claim your reimbursement before the cutoff on 18 March 2021 before the Victorian Government changes over programs. https://www.getactive.vic.gov.au/vouchers/apply-for-vouchers/

Thank you for choosing the Cohuna Auskick and be sure to spread the word to your fellow family friends to join in on the fun by searching for our centre via <a href="https://play.afl/auskick">https://play.afl/auskick</a>

Regards,

Steven Spring Cohuna Auskick Coordinator 0407 231 415



#### 2022 Session Timetable:

Date	Session Details
31st March	Come & Try Night & Parent Information Session
7th April	Session 1 - Thursday @ 4:45pm (Free Sausage Sizzle)
	Week Off
21st April	Session 2 - Thursday @ 4:45pm
28th April	Session 3 - Thursday @ 4:45pm
5th May	Session 4 - Thursday @ 4:45pm (Free Sausage Sizzle)
12th May	Session 5 - Thursday @ 4:45pm
	Week Off
28th May	Game 1 - 1/2 time of Seniors - Saturday @ approx 3:30pm
2nd June	Session 6 - Thursday @ 4:45pm
	Week Off
16th June	Session 7 - Thursday @ 4:45pm (Free Sausage Sizzle)
23rd June	Session 8 - Thursday @ 4:45pm
	Week Off
7th July	Session 9 - Thursday @ 4:45pm
16th July	Game 2 - 1/2 time of Seniors - Saturday @ approx 3:30pm
23rd July	Game 3 - 1/2 time of Seniors - Saturday @ approx 3:30pm @ Barham
28th July	Session 10 - Thursday @ 5pm (End of Season Break Up & BBQ)

### TERM 2 DATES:

#### Week 1

- 25th Apr: ANZAC Day (no school)
- 26th Apr: Term 2 begins
- 27th Apr: ANZAC Day at school ceremony 10:30am
- 28th Apr: School photos
- 29th April: Inquiry Launch How does our health affect
- our wellbeing?

#### Week 2

- Catholic Education Week
- 2nd May: Student Conference Echuca (Gr5/6 learners)
- 3rd May: SAC meeting 7pm
- 4th May: Classroom Mass Seniors
- 4th May: St Mary's Open Evening potential enrolments
- 6th May: Mother's Day stall and morning tea

#### Week 3

- 9th May: PSG's
- 9th May: P&F Meeting 6:30pm
- 12th Máy: Cross Country @ the Cohuna Ovals
- 13th May: GRIP Leadership day Bendigo (Gr 6 Sports Captains)

#### Week 4

- 16th May: PSG's
- 17th 19th: NAPLAN
- 17th May: Zone Cross Country
- 20 th May: Assembly @ 2.20pm Yr 3/4 to host

#### Week 5

- 25th May: National Simultaneous Storytime 11am
- 26th May: National Sorry Day
- 26th May: Good Samaritan Cup @ Kerang (new date)

#### Week 6

- National Reconciliation Week
- 1st June: School Mass Junior
- 2nd June: Sacramental Program Orientation (Confirmation and Eucharist)
- 3rd June: Lightning Premiership

#### Week 7

- Testing and Assessment week across the whole school
- 6th June: SAC Meeting 7pm

#### Week 8

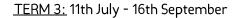
- 13th June: Public Holiday no school
- 17th June: School Report sent home
- 17th June: School Assembly @ 2.20pm Yr 1/2 to host

#### Week 9

- 21st June: Collaborative Planning with St Pat's for Term 3
- 22nd June: Learning Conversations (12.30pm 7.00pm)
- 24th June: Last day Term 2 2:15pm finish

TERM 1: 28th January - 8th April

TERM 2: 26th April - 24th June



TERM 4: 3rd October - 20th December



