



St Mary's Newsletter

WELCOME TO WEEK 3

I do hope that all of our families enjoyed their quiet weekend around home. It was cold and wet, so not a terrible one to be in lock down for. I firstly wanted to express my gratitude to all in our community as I know that with each change, lock down and set back it becomes more wearing on our community. Thank you for doing your very best to juggle all that is going on at the moment and supporting our school.

Every staff member at St Mary's is missing the 'normal' running of their buzzing learning spaces and are looking forward to everyone returning however in the interim are doing all that they can to sustain learning and keep up morale. As the principal I am so proud of my team of staff and as a mum so very grateful for the extreme efforts my children's teachers go to to continue to keep them connected to their learning and their school community. Hopefully today we receive some indication of what our return will look like!

It is important to note that when we are forced into a lock down that our teaching and learning continues as planned, We do not recreate or skip curriculum rather we try to sustain the learning course and keep as much continuity as possible. If these are the conditions of schooling for the foreseeable future it is so vital that we strive to stay on our learning continuum. We are so grateful to all of our mum's and dad's who get up and support us in being organised for our virtual teaching and that we still attend school.

Tonight our Year 5 / 6 families were supposed to attend a Canberra Camp meeting to receive some information in readiness for our Term 4 camp. Due to the current restrictions we have canceled this meeting and have sent information home via Seesaw. If any families have any questions that remain unanswered in regard to camp, please contact your child's Year 5 or 6 teacher.

This weekend we had a 'Nailed It' Lockdown bake off competitions. I was so impressed by the effort, creativity and entries. All of the teachers took part in the voting to find our winners! All entries have now been shared on Facebook! Our winners this week were; 1st - Mieke (Yr 1) Van Der Berg, 2nd - Tilly (Yr 1) Douglas and 3rd - Darcy (Prep) Gordon. Well done to everyone who took part, our prizes will be given out at assembly on Friday.

As St Mary's continues to update and embed policies and practices from Catholic Education Sandhurst new governance roll out, our new Complaints Framework has been uploaded to our website and PAM. Not a great deal has changed and of course if our families ever had any concerns, our teachers and myself would be your first point of contact. Please feel free to familiarise yourself with this document when convenient.

This week our amazing Prep Learners celebrate 100 Days Smarter! Miss Cartwright has planned an amazing day of fun and learning. We predict that we will not be able to have our families attend however we will share as much of the day with you all as we can. Miss Cartwright will share these details via Seesaw.

DATES AHEAD

- 27th July: PSG's with Jacqui Deola
- 30th July: Prep 100 Days, School Assesmbly @ 2.20pm hosted by Prep,
- 3rd Aug: PSG's
- 4th Aug: Junior School Mass @ 12.30pm
- 6th Aug: Enrolments for Preps 2022 due
- 8th Aug: Mass Sacraments of Confirmation & Eucharist @ 2.00pm
- 9th Aug: SCHOOL CLOSURE DAY - Staff Professional Development (Visible Learning)

God Bless and have a great week!

Jasmine Ryan (**Principal**)





St Mary's is a Child Safe School.

We promote the safety, wellbeing and inclusion of all children.

A PRAYER

Wisdom to Care for the Earth

Lord, grant us the wisdom to care for the earth and till it.

Help us to act now for the good of future generations and all your creatures.

Help us to become instruments of a new creation,

Founded on the covenant of your love.



Canteen Special

There will be no canteen until further notice.



Please note: If your child is absent and has a canteen order placed, please contact the school before 11am on the day so we can cancel this order.

PBIS

To Try Our Best

To be the best we can be and to always have a go.



St Mary's acknowledges and pays respects to the traditional custodians of the land on which we meet; the Barrapa Rappa People, and pay respects to elders both past and present.



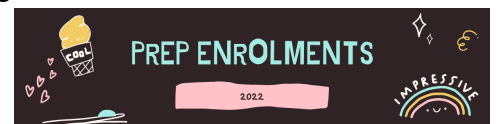
Each year sees the disappearance of thousands of plant and animal species which we will never know, which our children will never see, because they have been lost forever. The great majority become extinct for reasons related to human activity. Because of us, thousands of species will no longer give glory to God by their very existence, nor convey their message to us. We have no such right. [33]



PREP Enrolments 2022

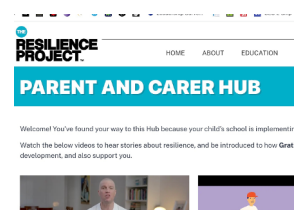
St Mary's is on schedule with our Enrolment process. Can we please remind existing families to submit Stage 1 of our enrolment process. We recognise that it is a detailed process and one we stagger to support families and ensure we are organised.

Thank you to the many families who have submitted their documentation already. Please contact the office to make your family meeting time and tour for the week 16th - 20th August.



We welcome our families to the Resilience Project journey and hope you join us by exploring and discussing GEM at home. Please use the link below to get started. We look forward to hearing your feedback and learning throughout the year !

<https://theresilienceproject.com.au/parent-and-carer-hub/>



Junior School Team

From all of us in the Junior Team, we wanted to thank you all so much for your support during Remote Learning 5.0. It has been so amazing to see so many of the learners so engaged and participating in their learning. The flexibility to change has been amazing to witness. Well done to all of the learners, parents and others who are supporting our learners both at school and home during this time.

In the 2/3 Collaborative classroom this week learners were split into two learning groups similar to their face to face routine to allow for learners to continue their learning at their level of need. We continued writing our Lions Club speeches using a bold beginning to catch the audience's attention. Miss Toll and Mrs Lamb have been so impressed with the amazing ways in which the learners have written their bold beginnings. We can't wait to hear more of their reasons as to why their chosen organisation is so important to the Cohuna community.

Learners in the Prep/1 area should be very proud of themselves for the learning they have completed this week. Miss Adams and Miss Cartwright are very appreciative of both the support and assistance parents have been providing to them and their learners this week.

We all finished our massive week on a high with our exciting Inquiry Launch investigating sustainability. All of the learners spoke of how fun and interesting the activities were to complete during this time. Learners in the Prep/1 classes shared their new learnings via video and discussed them with their teachers. While learners in 2/3 also shared their wonderings in a discussion and then completed a jellyfish organiser to record their wonderings on Seesaw.



- Luis Watkins 19th July
- Jimmy Mathers 25th July



Senior School Team

Thank you parents for your amazing support with remote learning, we really appreciate it.

It was wonderful to have so many learners online for live teaching and have them engage and participate in all learning tasks.

Learners have been writing their speeches in readiness for Lions club public speaking. They will continue to write their speech for one more week, before presenting them to their peers.

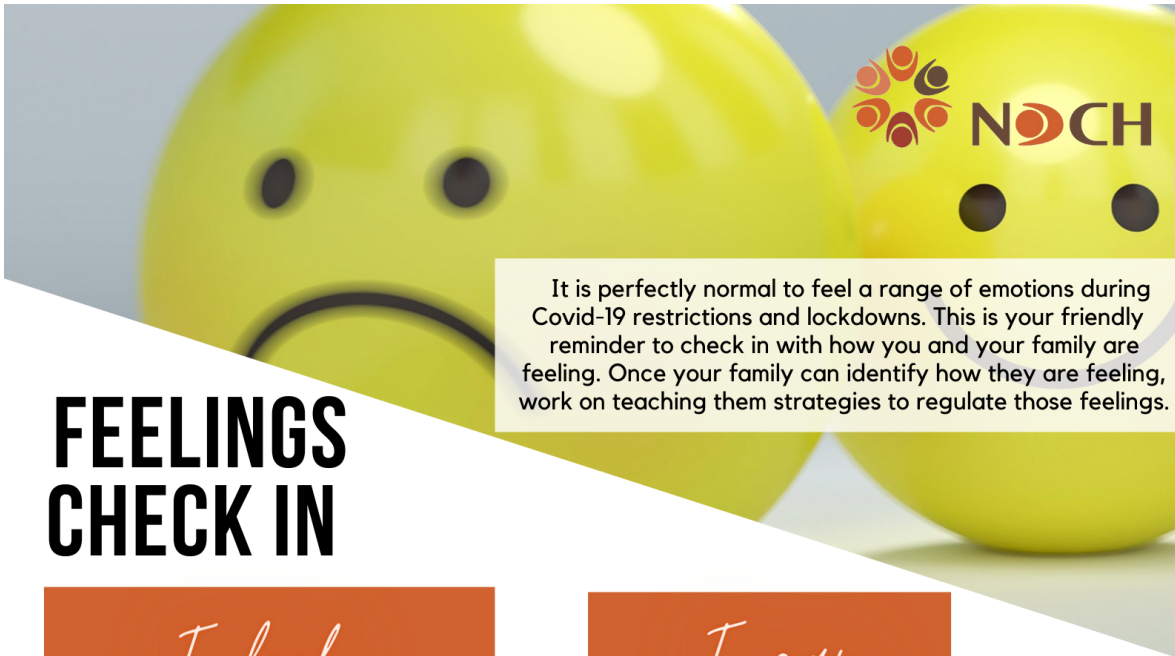
We ended the week with our Inquiry launch and it was so much fun. All learners were amazing at participating in all the activities that were provided to them by the teachers. It was great to see so many learners dressed up. Learners engaged in a range of activities that connected with our Inquiry Investigation for this term 'How Can We Sustain The World Around Us?', learners will be developing their knowledge and understanding about sustainability and environment throughout the term. Learners shared their new learners with their peers online and completed a wondering activity on Padlet. It was great to see the different ideas and thinking each learner had about the environment and sustainability.

Nailed it winners!

NCCD Information Sheet for Parents, Carers and Guardians

The **NCCD** is an annual collection of information about Australian school students with disability. The **NCCD** enables schools, education authorities and governments to better understand the needs of students with disability and how they can be best supported at school. For further information, refer to the link below:

<https://media.naavi.com/macaroni/im-b6d5941b-cd43-4650-ba50-cfa5f13889d9.pdf?deg=auto>



It is perfectly normal to feel a range of emotions during Covid-19 restrictions and lockdowns. This is your friendly reminder to check in with how you and your family are feeling. Once your family can identify how they are feeling, work on teaching them strategies to regulate those feelings.

FEELINGS CHECK IN

I feel...



Happy



Calm



Bored



Sad



Angry



Worried



Tired

I can...

- Help someone else
- Notice and enjoy my positive mood
- Play my favourite game

- Help someone else
- Read a book/do my homework
- Do some arts & crafts

- Write a letter to a friend or relative
- Play my favourite game
- Put on some music and dance

- Talk to a parent, relative or friend
- Write or draw about my feelings
- Cuddle a teddy or family member

- Take 5 deep breaths
- Take a warm shower or bath
- Go for a run or try stretching/yoga

- Talk to a family member, teacher or friend
- Pay attention to each of my 5 senses
- Take 5 deep breaths

- Go for a walk
- Have a healthy snack
- Have a glass of water