



St Mary's Newsletter

WELCOME TO WEEK 2

What a fabulous start to the term. We love it when schools are busy collaborating, celebrating and sharing learning together. Thank you everyone for all of your support and understanding with the COVID 5 day snap lock down announced on Friday. We will continue to keep the school community informed as new updates are released. Our learners will continue to be participating in remote learning on Monday and Tuesday. Although we would love to be completing face to face learning, our learners are becoming experts at learning online and have embraced the opportunities and learning experiences provided by the teaching staff. Well done to everyone.

On Monday our Yr 3/4 learners participated in school camp in Melbourne and had a fabulous time. They enjoyed visiting the Aquarium, Scienceworks, the Shrine of Remembrance, Eureka Skydeck, cruising along the Yarra River, ice skating and visiting the Melbourne Zoo. A huge thank you to Mrs Lamb and Miss Toll for planning and organising a fantastic camp. The learners were commended by all for their excellent behaviour and the respect they demonstrated while visiting the various venues.



The football clinic held on Thursday at Consolidated Primary School was a huge success. The Yr 2-6 Learners participated in skill drills including hand balling, kicking and tackling. Thank you to Miss Spence for continuing to reschedule this event to ensure our learners could participate in this learning experience.

It was disappointing for both teachers and learners that our Inquiry launch and 'Prep for a Day' were canceled last week. Both events will be rescheduled at another time so we can celebrate these together.

We love hearing exceptionally exciting news and sharing moments of joy and happiness, so it is with pleasure we congratulate Mrs Lamb and her husband Will, who are expecting their first baby. We wish them well entering this very special and memorable time.

God Bless and have a great week!

Jasmine Ryan (**Principal**)



DATES AHEAD

- 19th July: P & F Meeting @ 6.30pm
- 26th July: Canberra Camp meeting @ 6.00pm, School Advisory Council Meeting @ 7.00pm
- 27th July: PSG's, School Lion's Club Speeches
- 30th July: Prep 100 Days, School Assesmbly @ 2.20pm hosted by Prep,
- 3rd August: PSG's
- 4th August: Junior School Mass @ 12.30pm
- 8th August: Mass Sacraments of Confirmation & Eucharist @ 2.00pm



St Mary's is a Child Safe School.

We promote the safety, wellbeing and inclusion of all children.

A PRAYER

Dear Lord,

At this time of pandemic,

Let us foster respect and solidarity with others, especially those who are weak or poor.

Let us remain calm and ignore unsubstantiated rumours.

Let us take advantage of living together as a family.

Let us attend to moments of prayer.

Let us cultivate responsibility, patience and hope.

Amen.



Canteen Special

There will be no canteen until further notice.



Please note: If your child is absent and has a canteen order placed, please contact the school before 11am on the day so we can cancel this order.

PBIS

To Try Our Best

To be the best we can be and to always have a go.



St Mary's acknowledges and pays respects to the traditional custodians of the land on which we meet; the Barrapa Rappa People, and pay respects to elders both past and present.



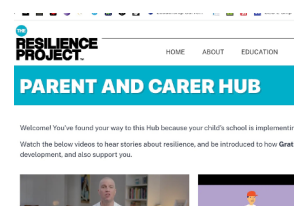
Homeschooling 5.0

We are still awaiting instructions from Catholic Education of Sandhurst Ltd. Once we have received official news, we will let all families know what is happening. Until such time, please continue with current instructions.



We welcome our families to the Resilience Project journey and hope you join us by exploring and discussing GEM at home. Please use the link below to get started. We look forward to hearing your feedback and learning throughout the year !

<https://theresilienceproject.com.au/parent-and-carer-hub/>



Junior School Team

Wow week one done already!

In Prep/1 we are so excited to be learning collaboratively this Semester. We were excited to come to school to see our classrooms have been opened up and are now one big awesome learning space. We enjoyed having the Year 2's learn with us this week and support us in becoming the best learners we can in a collaborative space. We can't wait to see what we can achieve together! We were absolute pros at using our iPads on Google Meet on Friday. We proved that we are resilient and persistent enough to tackle any lockdown!

The Year 3's have had an amazing time away at camp last week and the other learners in the Junior school have enjoyed their time alone enjoying being together.

They had a visit from a unicorn and enjoyed experimenting with water in STEAM.

On Thursday the 2/3 learners participated in a footy clinic at Consolidated PS and had lots of fun practising their football skills and playing with their Consolidated friends. Learners have begun planning their speeches for the Lions Club public speaking competition. We will continue writing our speeches and giving and receiving feedback from our peers and teachers to make our speeches better during the coming week. We have all chosen our topics (volunteer groups within the Cohuna community).

We wanted to say how proud we are of all of our learners in the Junior School this week, as they have all proven to be amazing when using Google Meet and being flexible with their learning.

Senior School Team

It's hard to believe 1 week of a 10 week term is already gone and what a busy week we had. It was nice to have all the Yr 5/6 learners in the same learning space and the supported they showed each other was amazing.

Learners had a wonderful session at Cohuna Consolidated School on Thursday. They got to participate in four football based activities. The focused skills were; warm up, goal kicking, handballing and marking. It was wonderful to see all the learners participating in the activities and showing respect to other learners and their leaders for each activity. At the end of the session learners were provided with football cards and they were a massive hit when we got back to school.

Learners have begun to write their speeches for the Lions Club public speaking. We will continue to write speeches this week in readiness for presenting to their peers in Week 3. Some learners have chosen to write their speeches at home.

During our GEM lesson we focused on positive saying and saying that we should try and say more frequently. All the learners selected a saying they think needs to be used more regularly. These sayings will be displayed on our GEM display in the classroom.

HEAD LICE

There has been a confirmed case of Headlice reported to the School. Can all learners please be checked and treated (if found) before returning to school.



It is perfectly normal to feel a range of emotions during Covid-19 restrictions and lockdowns. This is your friendly reminder to check in with how you and your family are feeling. Once your family can identify how they are feeling, work on teaching them strategies to regulate those feelings.

FEELINGS CHECK IN

I feel...



Happy



Calm



Bored



Sad



Angry



Worried



Tired

I can...

- Help someone else
- Notice and enjoy my positive mood
- Play my favourite game

- Help someone else
- Read a book/do my homework
- Do some arts & crafts

- Write a letter to a friend or relative
- Play my favourite game
- Put on some music and dance

- Talk to a parent, relative or friend
- Write or draw about my feelings
- Cuddle a teddy or family member

- Take 5 deep breaths
- Take a warm shower or bath
- Go for a run or try stretching/yoga

- Talk to a family member, teacher or friend
- Pay attention to each of my 5 senses
- Take 5 deep breaths

- Go for a walk
- Have a healthy snack
- Have a glass of water