



St Mary's Newsletter

WELCOME TO WEEK 10

The new norm is becoming more and more automated each day. We are so proud of our learners and families for how supportive and cooperative everyone has been in adapting to no parent access to the school and modified pick up and drop off. Thank you also to the families who are adhering to the extra prevention of keeping children home when they are unwell. We know that the majority of our families are employed and understand that additional arrangements need to be made in these circumstances. We are so grateful that everyone is doing their part to keep our whole community well.

It has been delightful to see all of our learners in accurate school uniform. Thank you to all families for supporting this and ensuring we have the correct uniform on correct days! Everyone looks extremely smart and part of one united team when in the same school uniform. The learners have been excited to receive RRR's in response to their efforts. Well done everyone!

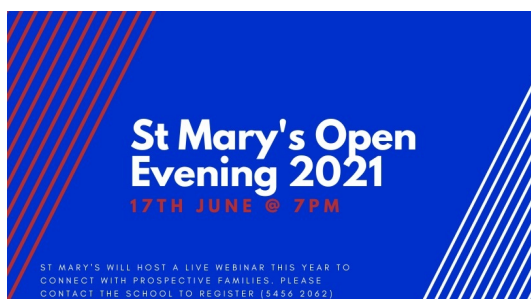
Our school calendar and PAM are all current and up to date. There are not as many dates of events and activities due to Covid #19 but what we do have is available on the school calendar on the website and PAM. PAM also houses our current newsletters, canteen menus and you can access your children's school reports and attendance summaries.

We have finally come to the end of remote schooling and the learners have been reflecting on the experience with their teachers. It is hopeful that it was a once in a lifetime event however a significant learning experience none the less. Along with seeking our learners voice, we are also hoping for feedback and reflection from families. Please use the link provided to share your thinking: [ST MARY'S REMOTE SCHOOLING SURVEY](#). This survey will close on 26th June 2020.

A reminder to existing and possibly interested families of Prep enrolments 2021. We are holding our virtual Open Evening this Wednesday at 7:00pm. Please call the school to register so that we can share Zoom details with you all! We love sharing our story, so spread the word!

God Bless

Jasmine Ryan (Principal)



DATES AHEAD

- 17th June: Opening Evening for Prep's 2021
- 19th June: Reports to go home
- 25th June: Learning conversations 1pm-7pm, Cross Country Sports
- 26th June: Last day of Term 2. Country and Western day
- 13th July: First day of Term 3



St Mary's is a Child Safe School.

We promote the safety, wellbeing and inclusion of all children.

Canteen Special

**Wednesday 17th
June**

Ham & Pineapple Pitta
Pizza \$4.00
Available through CDF Pay
Only



PBIS

Respect for self: To wear
our school uniform
accurately to school
everyday

*St Mary's acknowledges and
pays respects to the traditional
custodians of the land on
which we meet: the Barrapa
Rappa People, and pay
respects to elders both past and
present.*



A PRAYER

*In our prayer this week we give
thanks for our friends. It is
lovely to be back at school,
playing and spending time with
all our friends. We are all lucky
to have our friends, so it's
important to say thankyou to
God for friends and ask him to
watch over them.*

Dear Father,
I treasure my wonderful friend so much.
Thank you for their presence in my life.
I ask that you would watch over them
and lead them into hope and blessing.
I trust that you will protect and hold them when life is hard.

Lord, help me to be a good friend to them.
Amen.

www.lords-prayer-words.com

SEMESTER 1 - RRR Whole School Reward

Well done to our whole school community for your commitment to all of our PBIS Blitz's during semester 1. As chosen by the majority of St Mary's learners, we will now finish term 2 with a Country and Western day! Come dressed however you like within this theme! There will be prizes throughout the day and of course for costume creativity! Again, well done on achieving this together!



TERM 2 - Cross Country! In house!

On Thursday 25th June 2020, St Mary's will be having a Cross-Country day onsite. On this day we will run the event around the oval with different activities to complete along the way. Learners are welcome to come dressed up in their house colours. We will still be having house points and age champions. At the end of the day we will do a presentation and award the winning house and age champions. We look forward to seeing all learners dressed in house colours and ready to have a great day of fun and running. We will be having pies and sausage rolls for lunch and these can be ordered through CDF Pay. Orders will need to be completed by Tuesday 23rd June.

Due to current restriction this will be a closed event. Thank you for your understanding.

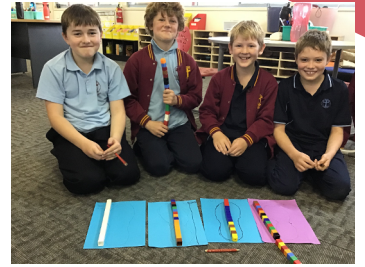
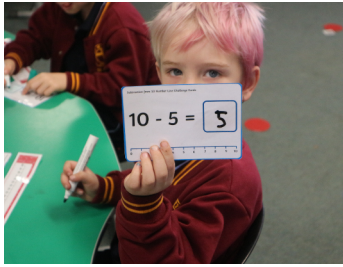
SEMESTER 1 - LEARNING CONVERSATIONS

Learning conversations will be held virtually this term. These meetings will be scheduled for Thursday 25th June between 1pm - 7pm. Your child's google account and log on will be shared with families prior to this date so that families can access the Google MEET with their child(rens) teachers. Please use School Interview to book your times. Bookings close on 22nd June.

St Mary's Semester 1 Learning Conversations Booking

CODE: uw788





OUR LEARNING

JUNIOR TEAM

In Reading, the Prep, Year 1 and Year 2 learners have been learning to visualize while reading. They are learning to create an image in their head about the text, using the clues, their prior knowledge and 5 senses.

In Writing the learners in Prep - Year 2 have been learning about narratives. This week they have written an introduction to their stories. They will continue to build on their knowledge and understanding of narratives in the coming weeks. In Maths, the Prep, Year 1 and Year 2 learners all completed their post assessment of additions. They are now moving to subtraction and focusing on the count back and the jump strategy.

In Inquiry, the junior learners are continuing to build on their knowledge of Cyber Safety. This week they have been learning about the health balance between screen time and no screen time. Well done everyone, you have all settled back into school beautifully. We are so proud of all of you!

SENIOR TEAM

In Year 3 and 4 learners are excited to be back in their learning spaces and seeing their friends. They reflected on their Remote Learning by capturing their learning in a poster form. In reading, learners are continuing to build their visualisations through a class novel, Charlotte's Web. In Mathematics learners consolidated their learning of Number and Shape through different activities. In Social Emotional Learning, learners reflected on growing together as friends and the values they have to be a good friend. Well done to all Year 3 and 4 learners, you have settled back into your school routine and we are so proud of you all. In Year 5 and 6 learners are enjoying being back in their learning space. They have reflected on their Remote Schooling experience by writing a letter to Miss Santilla. In Reading, learners are practising Reciprocal Teaching to collaboratively comprehend a text. In Mathematics, learners consolidated their understanding of measurement and shape in a range of collaborative activities. In Social Emotional Learning, learners are investigating the St. Mary's Cohuna graduate outcomes by using a Y-Chart to understand what it looks like, feels like and sounds like. They will be using this learning for an upcoming exciting project! In inquiry we are creating new wondering's about technology to go further.

BIRTHDAYS



- Chloe Dehne - 15th June
- Georgie Neil - 18th June
- Alex Baker - 21st June



WHAT TO DO?

Complete the "First Stage - Application for Enrolment Form" found on our website. Return ASAP

**NOW
ENROLING
FOR 2021**

WHAT'S NEXT?

A "Second stage Enrolment Form" will be sent to families

Schedule a family meeting and active tour

Return all documentation relating to enrolment by 28th August 2020.



Pro Rock Dance will be returning in Term 3 - July 14th 2020.

If wishing to secure a position in a dance class, please contact Bek ASAP, as there will be limited numbers. Class times and fees have changed for some students, so please read the information sent via email to all existing families.

Can't wait to start back and see you all.

Kind regards,

Bek

Email: beky@dcsl.net.au

Mobile: 0439 993 894



NDCH

Northern District Community Health

NDCH-your first port of call in the pursuit of good health!

Men's Health Week: 15 - 21 June

PAUL LACY – PROGRAM COORDINATOR FOR TACTICS FOR TOUGH TIMES PROVIDES SOME TIPS ON HOW TO LOOK AFTER YOURSELF



Doctor's visit: When was the last time you visited the Doctor for a checkup? You should visit at least every 12 months. Get them to check your blood pressure, heart, lungs and perhaps a cholesterol check. If you are struggling with mental health now would be a good time to mention it.

Exercise: Make a plan. Make it achievable and part of your routine. Walking the dog each day or riding to work. Build up the intensity slowly. Don't overdo it. Soreness or injury will only put you back further on your fitness goals. Benefits of exercise include, improved sense of well-being, feeling more relaxed and positive, increased energy, better sleep and can even help with many common mental health challenges.

Diet: Dieting is not about detoxing or cutting out carbs. For most of us it's simply portion size, variation and reducing the fat, salt and sugar in our meal choices. It can be simple to make better choices.

Alcohol Consumption: Do you really need to drink as much as you do? Need? Perhaps that's the wrong word. We don't need it. But we make a conscious decision to drink or not. Noting the health and social impacts associated with alcohol; maybe we should be asking ourselves that very question?

Hydration: Is so important for your body to run properly. At least 2L of water per day is recommended.

Fresh Air: Don't underestimate the power of fresh air and sunshine. Get out and enjoy it at least once a day. It will benefit your physical and mental health.



www.ndch.org.au