



St Mary's Newsletter

WELCOME TO WEEK 8

Welcome to the season of winter! As we welcomed everyone to school this morning, the change in weather was evident. Thank you to all of our families and your support to drop off and pick up changes. We recognise that any change takes time and reflection and I appreciate your patience and support while we have modified some school practices.

As we have had to modify some practices within the school due to coronavirus, we have also tried to remain unchanged in as many areas as possible. If children are absent from school, please remember to inform the school on either PAM or School stream. This is our preferred mode of communication for absenteeism. If families can inform the school before 10am, the school will have no need to contact you.

At this time I understand that everyone has varied personal opinions on the coronavirus. Some people are comfortable with our return to normalcy and some people still remain concerned. St Mary's has strict guidelines that we must adhere to from the Victorian State government during this time, and we are. These guidelines are all being adhered to and the cleaning and hygiene practices that are carried out within the school are better than ever. If any parents have questions or concerns, please contact me at anytime. We have no reason to be worried while our children are at school.

I am slowly being able to check in with families who have shared their stories of remote schooling! It is refreshing to hear the collective challenges but also aspects that families enjoyed. It was most positive to hear that many of our families appreciated the lengths that the teachers went to to keep up a schooling routine in our homes. All families regardless of the experience are extremely happy that their children are back at school - we are too!

As we are unable to have parents come onsite please know that myself and all teachers are available to communicate with you if there is any need. The teachers and myself are happy to chat via the phone or on Google MEET if families need to be in touch with us at anytime.

God Bless

Jasmine Ryan (Principal)



DATES AHEAD

- 8th June: Queen's Birthday - no school
- 9th June: Yrs 3-6 return to school
- 11th-12th June: Yrs 3-6 testing and assessment days
- 12th June: Bookclub due
- 17th June: Opening Evening for Prep's 2021
- 25th June: Learning conversations 1pm-7pm



St Mary's is a Child Safe School.

We promote the safety, wellbeing and inclusion of all children.

Canteen

Although some learners have returned to school, there will be NO canteen until Wednesday 10th June when all learners are back at school.
Thank you



Parent Access Module

LOG INTO PAM

Please remember to log your child's attendance



St Mary's acknowledges and pays respects to the traditional custodians of the land on which we meet: the Barrapa Rappa People, and pay respects to elders both past and present.



A PRAYER

Reconciliation week began last week on May 27th and ends on June 3rd. This week we offer a prayer for continuing reconciliation in our country so we can all live together in acceptance and peace.

RECONCILIATION PRAYER

Lord God, bring us together as one, reconciled with you and reconciled with each other. You made us in your likeness, you gave us your Son Jesus Christ. He has given us forgiveness from sin. Lord God, bring us together as one, different in culture, but given new life in Jesus Christ, together as your body, your Church, your people. Lord God, bring us together as one, reconciled, healed, forgiven, sharing you with others as you have called us to do. In Jesus Christ, let us be together as one.

Amen



SCHOOL UNIFORM

We are pleased to inform our community that all items have now arrived and our whole school can wear the accurate uniform. Thank you for your patience while our winter items arrived. There have been freight delays due to coronavirus. We recognise that some families made temporary adjustments to the uniform and we now expect that all children will be in the full St Mary's uniform. We have winter trousers, tracksuit pants and yoga pants available. We have some larger sizes available now for our growing seniors! St Mary's school jumpers are also to be worn. St Mary's has been working hard to improve the look and feel of our uniform with insight from the children. It is important that we are uniformed in our presentation. Parents can still make choices in regard to long pants, shorts etc but no other track pants, leggings etc are to be worn. Thank you for your cooperation.

THANK YOU FOR THE CHALLENGES

As school slowly returns to normal we have found that we no longer need to have our weekly challenges! I wanted to thank everyone who went to the extra effort to share your creative talents with us over this time! We hope you enjoyed your prizes and the ability to be express yourselves many ways! We loved what people submitted!

SEMESTER 1 - LEARNING CONVERSATIONS

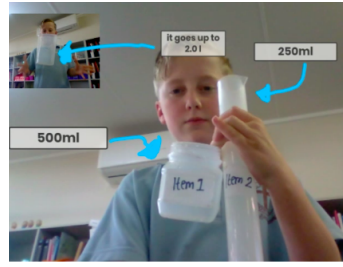
Learning conversations will be held virtually this term. These meetings will be scheduled for Thursday 25th June between 1pm - 7pm. Your child's google account and log on will be shared with families prior to this date so that families can access the Google MEET with their child(rens) teachers. Please use School Interview to book your times.

St Mary's Semester 1 Learning Conversations Booking

CODE: uw788



School Interviews



OUR LEARNING

JUNIOR TEAM

The Prep, Year 1 and Year 2 learners all enjoyed their first week back to school. We have all enjoyed having all our learners back in the classroom. This week we have been focusing on National Reconciliation Week. We have listened to stories and made connections to the text. The Prep, Year 1 and Year 2's are continuing to make connections to the text using their past experiences. The learners are continuing to build their knowledge and understanding of addition. The Preps have been focusing on the double strategy, while the year 1's and 2's have been focusing on the split strategy. Well done to all learners on returning to school. We are so proud of all of you!

SENIOR TEAM

Our Year 3 and 4 learners are continuing to build their Literacy skills in making connections to texts and building their vocabulary. We are enjoying our Boggle games! We are creating our own characters and character descriptions to write a collaborative narrative. These will be a lot of fun to share with our friends when we go back to school next week!

In Mathematics, we are continuing to build our problem solving skills. Our learners are AMAZING mathematicians!

The learners in Year 5 and 6 are continuing to visualise using their five senses and revise their understanding of writing summaries. We are enjoying the last few lessons of remote writing by learning collaboratively through Padlet to create narratives. We are continuing to learn different metric units of measurement and are measuring the volume and mass of many objects around our home. We are drafting and creating our own 'Podcast' or 'News Channel' to present all our learning about technology. We are busy writing scripts, creating props and backdrops.

BIRTHDAYS



- Lainie Spring - 1st June





WHAT TO DO?
Complete the "First Stage - Application for Enrolment Form" found on our website. Return ASAP

NOW ENROLING FOR 2021

WHAT'S NEXT?
A "Second stage Enrolment Form" will be sent to families

Schedule a family meeting and active tour

Return all documentation relating to enrolment by 28th August 2020.



ISSUE 4 DUE 12th JUNE

BOOK CLUB
ISSUE 4 IS Running!

Click on this link to take a look
scholastic.com.au/book-club/book-club-parents



BOOK CLUB BROCHURES ARE BACK!

SCHOLASTIC

COVID-19

Screening and Assessment Clinic



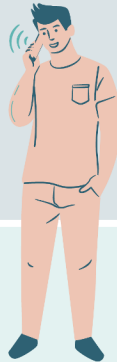
Help us flatten the curve. Please give us a call and book in to be swabbed.

STEP 1 - PHONE FIRST

Please contact the Triage Clinic by phone to discuss your symptoms.

This service is available
Monday to Friday - 9.00am to 12 Noon

03 5451 0200



STEP 2 - SWABBING CLINIC

This service is available by appointment only, in Kerang, Cohuna, Boort, Pyramid Hill and Koondrook.

Monday to Friday - In the afternoon

This is **NOT** a standard Medical Clinic service. Walk up appointments are **NOT** available.
You must phone first.

Anyone who has any symptoms, no matter how mild, such as a runny nose or scratchy throat, is encouraged to get a test.

Common Symptoms of Coronavirus are:

Temperature

Including fever or chills



Breathing Difficulties

Including breathlessness or sore throat



Fatigue or Tiredness



Cough or Runny/Stuffy Nose



Headache or Body Aches and Pains



Lack of Taste, Nausea, Vomiting, Diarrhoea



NDCH

Northern District Community Health

NDCH-your first port of call in the pursuit of good health!

Healthy Lunchbox Tips & Recipes

APPROVED BY NDCH DIETITIAN - LEESA VAN RUISWYK



Winter Fruit & Vegies

Apples, avocado, bananas, kiwifruit, grapefruit, mandarin, strawberries. Broccoli, cauliflower, kale, potatoes, pumpkin, sweet potato.

5 Food Groups

Pick at least one item from each food group to create a nutritious lunchbox. These include fruit, dairy, vegetables, grains, lean meats & poultry.

Snack Ideas

Carrot & zucchini muffins, popcorn, fruit salad, breakfast muffin cups, no bake cookies, zucchini slice, banana bread, baked veggie chips.

Veggie Pita

Ingredients:

- 1 wholemeal pita, sliced in half
- 1/4 cup grated carrot
- 2 tbsp crumbled feta cheese
- 1/4 cup hummus
- 1 handful baby spinach
- 3 sliced sun-dried tomatoes

Method:

1. Spread the dip inside each pita pocket. Place the rest of the ingredients inside the pocket



Mediterranean Scrolls

Ingredients:

- 1 1/2 cups self-raising flour
- 1 1/2 cups wholemeal self-raising flour
- 2 cups reduced-fat natural yoghurt
- 1/4 cup no added salt tomato paste
- 1/2 cup mozzarella, grated
- 1 cup baby spinach, chopped
- 1/2 cup basil leaves, chopped
- 1/2 red capsicum, diced

Method:

1. Pre-heat oven to 180°C. Spray baking tray with olive oil & baking paper
2. Mix flours & yoghurt in a bowl. Knead on a floured surface for a few minutes. Add yoghurt if mix is too dry or flour if mix is too wet
3. Roll out dough with rolling pin to 0.5cm. Spread dough with tomato paste and sprinkle ingredients on top.
4. Roll dough into a log. Cut into 12 pieces and place on baking tray. Bake for 20 minutes or until golden. Allow to cool.



<https://healthyhunchbox.com.au/blog/winter-fruit-and-vegetables-recipes-tips>

www.ndch.org.au

