



# St Mary's Newsletter

## WELCOME TO WEEK 3

Welcome to week 3! We are hoping that after a full week of remote schooling that families are feeling more settled into our new way of learning during this time. The majority of our families have offered such support and positive feedback and we thank you for this recognition. This time is challenging for everyone, and the willingness of everyone to do their part helps greatly.

We are continually trying to improve our modes of delivery and connections and each day are amending our plans to try and connect as best we can with all learners. One common theme is the need for our learners to be prepared and focused for their learning. We have included some Google MEET expectations that are really helpful, for successful group learning at this stage. Feel free to print it off and display it in your child's designated learning space. By continuing such learning structures we know that when we return to school physically, the transition will be seamless.

Our teachers have been amazed at the additional learning that is occurring at this time. The increased ICT skill, the listening in a different forum and the problem solving and resilience that is evident. Over the week the teachers continued to reflect on how each learner is becoming more comfortable with our current learning environment. Please remember to praise your children for all they have adapted to, it really is incredible!

Some families have been asking for school access to exchange books. Teachers have gone into school over the weekend to facilitate this request. Each Friday from 8:30 - 12:00 our LOTE room will be open for those wanting to return and borrow books for reading. Please follow the directions of teachers for our book exchange - all have been placed in year levels.

Normally, if we were at school this fortnight we would have had our Mother's day stall. Our wonderful P&F have set up the Mother's day stall for anyone wanting to purchase their Mum a gift. All gifts are \$5 and there is only enough for one per child. If you are wanting to purchase a gift, you too can visit this Friday and next between the times of 8:30am - 12:00pm. The stall is set up in the LOTE room for those interested, please have the correct money to drop in the box.

Finally, I need to reiterate the guidelines for school access. If you are working from home, your children are to be at home with you. Asking the school to have your children because you cannot get work done is not okay. If you are an essential worker or you must be at your work place and there is another adult at home, then your child is expected to be at home. We have all been asked to support these current circumstances and do our part. Numbers at school must be kept to a minimum if we are to adhere to guidelines and manage the staff / learner platform effectively. The Diocesan attendance is 9% and St Mary's is at 13% and therefore this will be monitored more closely. We are relying on our families to do the right thing and we sincerely thank those who are supporting the school at this time.

*God Bless - Jasmine Ryan (Principal)*



## DATES AHEAD

- 28th April - Virtual Assembly available via link on Seesaw
- 1st May - Mothers Day Stall Open - 8.30am-12.00pm, Week 3 challenge due 3.00pm
- 6th May - Book Club Due
- 8th May - Mothers Day Stall Open - 8.30am-12.00pm
- 10th May - Mother's Day



St Mary's is a Child Safe School.

We promote the safety, wellbeing and inclusion of all children.

### P&F Chocolate Money

We ask those families who have not yet returned their P&F chocolate money to do so ASAP. This can be done via direct deposit.

BSB: 083-543  
Acc No: 457171993



LOG INTO PAM

Please remember to log your child's attendance



### Prepare for the long haul

Children, like adults like to be aware of what is ahead. It is a good idea for parents to be preparing their children for the reality that remote schooling will go for the whole term.

It is normal and expected that we will have good days and bad, however this is our current reality. Many children will start to come to terms with the fact that they are not physically attending school and missing those genuine connections.

If parents can continue to support our learning by adhering to times, ensuring learning spaces are free from distraction and encourage your children to stay connected for set times that would be great.

The challenge for all of us will be to remain consistent. Our teachers are also missing the children very much and wish to be back at school. We all need to be resilient together.

It is important as a community that we persevere and try to stay positive as much as possible - especially for our children.

### A PRAYER

Thank you God for all  
Your blessings to me  
and my family. For the  
strength You give me  
each day and for all  
the people around me  
who make life more  
meaningful...



### Families flexibility for Remote Learning

Some families who are experiencing clashes of timetables and working from home commitments are welcome to follow the teachers timetable at times of the day that suit you. Each day the timetable, links, tasks and resources are placed on Seesaw by every teacher. We do love seeing everyone face and interacting, however if this is too difficult you may self direct.

If this is something your family would like to opt to do, please inform your child's teacher so that this approach can be recorded for assessment and reporting purposes.

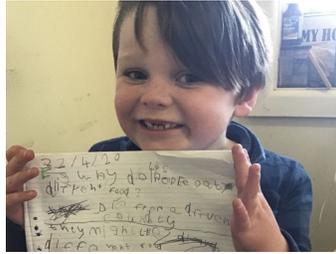
### Week Three Challenge

**Week #3 Challenge** When I graduate...Our wonderful Miss Cooke was due to celebrate her graduation this week so we thought we might help her in another way! This week think about what you hope to graduate as....dress up, make a film clip, write a graduation speech, be as creative as you like and share with our community what you plan to be when you grow up! Challenges are due on Friday at 3:00pm - [principal@smcohuna.catholic.edu.au](mailto:principal@smcohuna.catholic.edu.au)

**EVERY  
SCHOOL DAY  
COUNTS**

*St Mary's acknowledges and pays respects to the traditional custodians of the land on which we meet: the Barrapa Rappa People, and pay respects to elders both past and present.*





# OUR LEARNING

## JUNIOR TEAM

What a week we have had in the junior school! We have had so much fun. Our Years Prep, 1 and 2 learners have been making connections to different texts. There were lots of funny connections shared with our teachers and made them laugh A LOT! We have been collecting and reading data. Our favourite data activity was definitely the one that let us eat m&m's! We had to use tally marks to count the amount of colours of m&m's in a packet. Once we completed our learning we got to eat them, yum!! We are becoming very tech savvy, and soon enough we will be able to take on the world with our tech skills! Keep up the fantastic learning! You are all doing a wonderful job.



## SENIOR TEAM

In Year 3/4 this week, learners will be using lots of non fiction texts to expand their reading skills with 'monitoring for meaning' by using different strategies to work out the meaning of unknown words. In Writing, learners are using an Information Text structure to write their own information texts. In Maths, learners are using the 2D and 3D shapes in their homes to support their learning. We are all enjoying our Flexible Learning time! Year 5/6 learners are being online rockstars. We are continuing to make connections to our texts and this week our goal is to understand text to text connections. In Writing, we are learning about the structure of informative texts and will begin writing detailed responses using a fact file we created online. In Mathematics, we are having a ball or sphere learning about three dimensional shapes. Our mini Inquiry journeys have ended and we are beginning to focus our energy into the impacts of technology on our world.

## BIRTHDAYS



- Millah Crichton - 29th April
- Harry Mathers - 29th April

## WEEK TWO CHALLENGE WINNERS

Last week we commemorated the ANZAC's - our challenge was to create something that showed respect and gratitude for everything that did for our country. This week was another tough round of judging, thank you to everyone who entered, its great to see how supportive we as a community truly are. First place goes to Mac and Milla, Second place - The Douglas' and Third place the Spring's. Prizes are coming so keep a look out!!





## St Mary's Google MEET Expectations

# REMOTE LEARNING

- Make sure you are dressed and have had your breakfast!
- Everyone's day begins everyday at 8:45am online to take attendance like a normal day, say good morning and let you know what is on for the day!
- Be prepared: have your books, device, pens / pencils, headphones ready
- Be sitting up in a chair and at a table ready for learning
- Have a water bottle and your fruit snack ready for 10:00am
- Feel free to print off your Google MEET expectations and display them in your learning area

**Parents to be in ear shot to help if needed!**



# St Mary's Mothers Day Stall

All gifts are \$5.00

Please have correct money on the day  
Mothers Day Stall will be set up in LOTE  
Room

Open Friday 1st May - 8.30am - 12.00pm  
Open Friday 8th May - 8.30am - 12.00pm



Helping children cope with stress during the 2019-nCoV outbreak



Children may respond to stress in different ways such as being more clingy, anxious, withdrawing, angry or agitated, bedwetting etc.

Respond to your child's reactions in a supportive way, listen to their concerns and give them extra love and attention.

Children need adults' love and attention during difficult times. Give them extra time and attention.

Remember to listen to your children, speak kindly and reassure them.

If possible, make opportunities for the child to play and relax.



Try and keep children close to their parents and family and avoid separating children and their caregivers to the extent possible. If separation occurs (e.g. hospitalization) ensure regular contact (e.g. via phone) and re-assurance.

Keep to regular routines and schedules as much as possible, or help create new ones in a new environment, including school/learning as well as time for safely playing and relaxing.



Provide facts about what has happened, explain what is going on now and give them clear information about how to reduce their risk of being infected by the disease in words that they can understand depending on their age.

This also includes providing information about what could happen in a re-assuring way (e.g. a family member and/or the child may start not feeling well and may have to go to the hospital for some time so doctors can help them feel better).

SCHOLASTIC  **Book Club**

**BOOK CLUB IS COMING!**

We're really excited to have **BOOK CLUB** running this Term, but it will look a little different! It will be a **virtual catalogue** rather than the printed catalogues you're used to receiving.

To order from this issue go to:

[Scholastic.com.au/Book-Club/virtual-catalogue-1/](https://www.scholastic.com.au/Book-Club/virtual-catalogue-1/)

Place your order on LOOP as normal and orders need to be in by:

6th May 2020

We will receive your order here to our school like normal. Once your order arrives, we will contact you to arrange for collection:

All parents will be contacted via phone when orders arrive

If you have any questions or queries, please contact:

Julianne Fry - [jfry@smcohuna.catholic.edu.au](mailto:jfry@smcohuna.catholic.edu.au)



Even though this is a virtual catalogue, we will still receive 20% of your order value back in Scholastic Rewards to use to purchase additional books and resources for our school!

 SCHOLASTIC



# NDCH

Northern District Community Health

NDCH-your first port of call in the pursuit of good health!

## Looking after your Mental Health during Coronavirus PART 2

*Stay  
Positive!*

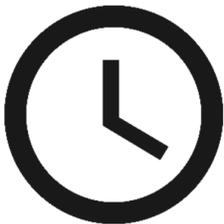
### **Notice the Positives**

Try to focus on the good things right now. These will be different for everyone. Enjoy the slower pace of life while you can. There is more time to do things that you enjoy.



### **Avoid Conflict**

Be aware of triggers that might cause conflict with the people that you live with. Avoid these triggers to reduce unwanted stress and anxiety.



### **Routine**

Try to have a routine. This will be different for everyone. Having a routine can give you control. Be realistic, not every day will go to plan.



### **Be active & go outside**

Try to be active for at least 30 minutes every day. Walk, run, bike ride, yoga, pilates, garden, clean. Go outside at least once a day.



### **Seek Help**

If you are feeling overwhelmed, Talk to a health professional. They are still available to help you.

For the most up to date information about coronavirus please visit: <https://www.health.gov.au/>