



St Mary's Newsletter

WELCOME TO WEEK 5 & 6

The weeks pass by ever so quickly when we have long weekends and action packed days! Over the past fortnight St Mary's has celebrated the joy of community, collaboration, learning and much success. From our musical production to our reflective spirituality days there is much to share!

We enjoyed sharing our Spirituality Day with St Patrick's and St Joseph's last Wednesday. The theme was 'Listen with the ear of your Heart' which was explained further by Fr. Rob Galea. Fr. Rob was inspiring, as well as amazing with our learners. They thoroughly enjoyed the experience and the music for which he is so well renowned. Other learning experiences throughout the day included meditation and yoga, craft, singing, playing musical instruments and exploring spiritual places throughout our world using Google Earth. It was a fabulous day for all.

On Friday Michael Chisolm leader of Indigenous Learning at CEO Sandhurst visited our learners as a guest speaker for our inquiry investigation 'What Happens When Cultures Collide?' He shared his story as well as many symbols and traditions relating to the Aboriginal People. Our learners were very respectful during his presentation and asked excellent questions to deepen their understanding.

Guest speaker and policeman Travis Collier spoke to our Yr 4-6 learners about the importance of Cyber safety and the appropriate use of social media. He explained the dangers that can accompany online gaming and the actions that can present themselves as online bullying through the use of social media. Learners were encouraged to be both respectful and responsible with technology.

Please take the time to read below all of the detailed information of what has been happening at St Mary's over the past fortnight.

God Bless,

Jasmine Ryan - **Principal**



FOR THE CALENDAR

- 13th Nov: Sacrament of Reconciliation @ 6pm
- 14th Nov: Treetops Camp Yr 2
- 15th Nov: Prep Transition 9 - 11:40
- 18th - 22nd Nov: Canberra Camp
- 22nd Nov: Prep Transition 9 - 12
- 25th Nov: St Mary's Bishops Holiday
- 26th Nov: Assembly @ 2:15pm
- 29th Nov: Advent Liturgy & Prep transition - 9-1.30pm
- 2nd Dec: Learning Expo - Celebrate Cultures Colliding
- 3rd-16th Dec: Swimming Program (11:30 - 2:30)
- 6th Dec: Prep Transition 9am-2.20pm. Semester 2 reports to come home, Advent Liturgy @ 12:30
- 8th Dec: Feast of Immaculate Conception - Mass @ 10:30am
- 10th Dec: Community Step Up Day for all Learners! Swimming Program Preps 2020 only



PBIS BLITZ

Respecting your belongings, hats, jumpers, lunch box and containers

P&F Garden Walk

Thank you to our incredible P&F and all helpers! Thank you to the organisation and support from anyone who played a part in our community! We raised a fantastic \$2900!

Thank you to our friends in the community who open up their homes and share their love of gardening! It takes great preparation and we are incredibly grateful for your willingness to do this for our school!

A reminder there is no school on Monday 25th November. Enjoy your Bishop's Holiday!



Our amazing learning experience of Jules has come to an end for many of us! But like all amazing productions behind the scenes continues.

Mrs Keely has requested that all costumes please be returned to school by the end of this week. Please ensure that each individual child returns their items to their individual teacher for cross checking and ease of storing. The majority of the costume items belong to the school so we hope to store them and use them again one day.

Please see attached the ordering costs and process for those wanting a digital copy of Jules! Thank you to Mrs Keely and Nick Keely for putting this memorable item together for our community!

Please enjoy the attached article that has been circulated within the Sandhurst Diocese schools.

A PRAYER

A Poem by Brother Roger for the Candidates for Reconciliation

Human beings are sometimes severe.

God, for His part,
comes to clothe us in compassion.
He weaves our life, like
a beautiful garment,
with the threads of His forgiveness.
He buries our past in
the hearts of Christ
and He has already
taken care of our future.

For whoever knows

How to love,

For whoever knows how to suffer,
life is filled
with serene beauty.



Child Safe Reminders



Many of our learners will take part in their camps in the coming weeks. Much preparation is involved to ensure the highest duty of care for our learners. Parents are responsible for informing the school of any medical updates or changes. Please ensure when you provide consent that you check that the school has current medical information on file.

Christmas Hampers 2019

Preps	Long life milk
Grade 1	Biscuits - sweet/savory
Grade 2	Pack of chips
Grade 3&4	Tinned fruit
Grade 5&6	Custard

A reminder that we are in the season of giving and the learners of St Mary's are incredible ambassadors of supporting those in need in our community! Many of our classroom baskets are filling up. Please continue to send in your donations so we can truly celebrate the gift of giving! Thank you to those families who have already sent items in.



OUR LEARNING

JUNIOR TEAM (Prep - Year 2)

The Prep - Year 2 learners are continuing to explore different countries and cultures around the world. This week we have been looking at New Zealand and comparing the similarities between Australia and New Zealand. The Prep - Year 2 learners have learnt that we have many similarities. They have even recognised the similarity between the two flags. They now know that the Union Jack is a symbol of the British Monarch as both Australia and New Zealand are Commonwealth countries. The Prep and Year 1 learners are beginning to explore biographies in writing. They are looking at different examples and identifying the key features of the text. In maths, the Prep's are finishing off their unit on data. They are continuing to collect and gather information to turn into a bar graph. The Year 1 learners are starting their unit on sharing! Year 2 learners are excited to be writing a short descriptive piece about a haunted house. They have enjoyed the experience of using all the creepy, haunting and scary words they can think of to write their texts. In Maths we are continuing number patterns and learning to expand on our knowledge of fractions as part of a whole and part of a group.

SENIOR TEAM (Year 3 - Year 6)

Year 3/4 learners are reading information reports about Australia's states, territories and capital cities. They are identifying facts about each capital city and location on a map. In writing they are focusing on poetry with a focus on diamantes and onomatopoeia poems. They are able to make sure they follow the structure of a particular poem and understand that not all poems rhyme. In math learners have finished chance and data and are moving onto location. They will be learning about the location of a place on a map and following the coordinates. Learners will also develop their understanding about angles, symmetry and using maps to provide directions.

Year 5/6 learners are getting ready for Canberra camp next week. In maths, they are focusing on statistics and probability. They are learning about plotting data on a graph and collecting the data from a survey they have created. Learners are looking at data and interpreting that data by finding out what the information is telling them. Through the connection to their trip to Canberra learners will be looking at a map to find different places they will be visiting. They have been presenting their group circuit activities during sport and P.E time and taking on teaching with fellow class members. Learners are required to teach a group of learners a circuit that they have planned for a specific year level.

BIRTHDAYS



Ella Jones - 8th November

Harry Rennie - 13th November

CAMPS & ADVENTURE AHEAD

Many of our learners will venture out and about in the coming days and week! The Year 2's take part in their first sleepover camp to our local Treetops! They will explore nature, fish and cook!

Next week our Year Prep and 1 learners will have their Stay Late camp and spend part of the day on a paddle steamer and burn their energy at Gravity Shack! We look forward to our shared dinner when we return to school!

Our Year 5/6 set off very early on Monday morning as they travel with local schools to Canberra! We wish them well learning about our great country and making new friends within the community!

Jules Film Now Available!



"Jules" is now available. Cost \$7

If you would like a copy:

Please send a 8GB USB drive to school, named and in a snap lock bag along with the money (**cash**) and order form below.

Please remember that no copy of the film is to be put online due to copyright.

"Jules" Film Order Form - Cost \$7

Name: _____

Number of USBs _____

Total _____



NDCH

Northern District Community Health

NDCH-your first port of call in the pursuit of good health!



world diabetes day

14 November

Thursday November 14 is World Diabetes Day!

There are more than 425 million people around the world who have diabetes. Diabetes is a serious condition, but more than half of type 2 diabetes cases can be prevented. Type 1 diabetes cannot be prevented, but it can be managed.

Discovering, preventing and managing diabetes involves a whole family approach. 4 out of 5 parents have trouble spotting the signs and symptoms of diabetes. Visit <http://discoverdiabetes.idf.org/> to test your knowledge.

Discovering diabetes:

- Discovering diabetes early is important to reduce life-threatening complications: 1 in 2 people with diabetes do not know that they have diabetes
- Know the signs and symptoms of diabetes to protect yourself and your family

Signs & Symptoms of Diabetes:

- More thirsty than normal
- Urinating more often
- Numbness in hands & feet
- Weight gain or loss
- Blurred vision
- Fatigue

Preventing Type 2 Diabetes:

- Adopt a healthy lifestyle: Reducing your family's risk starts at home
- Eat healthy meals and exercise as a family: Reduce screen time and periods of inactivity
- Learn about the signs, symptoms and risk factors of diabetes: Especially if people in your family have diabetes

Managing Diabetes:

- Family support is important: daily treatment, regular monitoring, healthy lifestyle, ongoing education
- Make sure the health professionals that you visit have the knowledge and skills to help you or your family manage your diabetes
- Diabetes medication
- Continue to become educated about diabetes

For more information about diabetes visit <https://worlddiabetesday.org/>
Take this test to see your risk of diabetes: <https://www.idf.org/type-2-diabetes-risk-assessment/>

www.ndch.org.au

GANNAWARRA MEMORIAL TOY RUN 2019

Saturday 23rd November

ROAD BIKES & CARS

Registrations & Route Info:

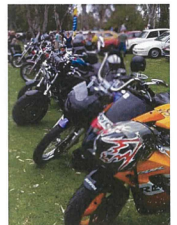
- Motorcycles & Cars 7:30am @ Leitchville CFA
- Breakfast in Kerang CBD @ 8:00 am – 9:30am
- Cars & Bikes 8:00am in Kerang CBD
- Cars 9:45am Leave for Barham
- Bikes 9:30am Leave for Barham
- Morning Tea in Mellol St Barham from 10:30am – Leave 11:30am for Cohuna.
- Lunch at Cohuna Park from 12:30pm. All welcome.



Cost: \$20 per bike/car includes tickets into Raffle for 2 Major Price Draws.

Show & Shine – Cars & Bikes at Cohuna

2 Nights Accommodation for 4 people @ Golden Rivers



Donations of Toys, Gift Vouchers and Cash accepted

PLEASE NOTE WE CAN ONLY ACCEPT NEW TOYS

Enquiries: FOR TOY DROP OFF'S

Cohuna: John Webb 0409 996 512

Kerang: REV Susan Allen 0417 365 386 / Mark Arians 0401 936 020

Barham/Koondrook: Jeff Brav 0499 990 431

SANDHURST NEWS

NEW! Rock 'n' Roll comes to Cohuna

Bobby socks, white T-shirts and slicked back hair was the costume of the day as students from St Mary's Cohuna wound back the clock to the fabulous fifties for their school production of 'Jules'.

With an original script, 'rockin' sound track and a whole school cast; the audience was in for a treat from start to finish.

Performing Arts teacher Elaine Keely wrote and directed the play, which focused on the popular era of Rock 'n' Roll where everyone hung out at the local soda shop; and the dance program Grandstand was the most popular show on TV.

The story centres on Jules, who despite being the best dancer in town doesn't have a partner for the big dance competition! Big Jim will go to any lengths to be Jules partner but she would rather go alone than have to dance with the big-headed Jim. Jules secret admirer and school nerd, Thaddeus Wortimer Higgabottom has a plan to win her heart, starting with saving her from Big Jim and partnering her in the big dance competition.

Noah Hore played the role of the kind hearted Thaddeus who managed to dance his way into the heart of Jules, played by Ava Brown. A fantastic main cast, which included Lachlan English as Big Jim, provided outstanding performances memorizing large amount of dialogue to keep the plot, humour and emotion of this well written play moving at a pace which had the audience completely immersed in the characters and the action.

The hair, makeup and costumes set the scene for the well-loved Rock 'n' Roll era, which had some of the more senior audience members remembering the good old days! Congratulations to the St Mary's, Cohuna school community for providing such an entertaining and unique musical production!



L-R Jorji Easton with Lachlan English as Big Jim, Nathan Mihailovic, Ava Brown in the title role of Jules and Noah Hore as Thaddeus



The cast of St Mary's Cohuna Production of Jules



Noah Hore gets into character as Thaddeus Wortimer Higgabottom



Pippa Reid performs with the Grade 2 and 3 girls to the song, 'Won't someone dance with me?'