



St Mary's Newsletter

WELCOME TO WEEK 6

What a fabulous day we had together as a collaborative community at our annual Good Samaritan Cup! The smiles, giggles and openness to others was a truly beautiful sight! Thank you to how well our St Mary's learners played, interacted and conducted themselves the whole way through the day! We were all very proud of you. Thank you to the many Mum's and Dad's that helped or encouraged our efforts on the day! A huge thank you to St Patrick's for their hospitality and preparations...All of our learners love this annual event!

Our Green Team is back up and collaborating to improve and sustain our earth! The Green Team have reintroduced Nude Food for our non canteen days, Tuesday and Thursday. If all families can strive to package food in keep containers and not in glad wrap or plastic packaging. This is very relevant learning for our children and something that will impact of the world they live in, we hope all families support this initiative.

This week we take active part and support of National Reconciliation Week. Our senior leaders shared insight about the history, why and ongoing commitment to national ongoing reconciliation and justice. On Thursday our Fire Carriers will lead our liturgy at 2:40pm in the playground for any Mum's and Dad's who would like to join.

Miss Adelia will facilitate her Parent learning support training next Monday 3rd June at 6:00pm for families yet to complete the training. Please register your interest on the App. It is wonderful to have such incredible family support within our school. Thank you!

God Bless

Jasmine Ryan

Principal



FOR THE CALENDAR

- 5th Jun: Class Mass - Yr 5/6 to Host
- 7th Jun: Chaplain Network Group day
- 10th Jun: Public Holiday
- 11th - 13th Jun: Yr 3/4 Camp
- 12th Jun: Yr 5/6 @ Festival of the Sacred
- 13th Jun: Yr 5/6 @ Lightning Premiership Kerang
- 14th Jun: School Closure Day
- 17th Jun: P&F Deb Ball
- Meeting @ 7pm, Yr 5/6 Life's Relationships Family Night @ 7pm, P&F @ 7pm
- 21st Jun: Reports to come home
- 23rd Jun: First Eucharist @ 10:30am in the Church
- 24th Jun: School Board @ 7pm
- 25th Jun: Assembly @ 2:15 - Yr 3/4 to Host
- 26th Jun: Learning Conversations



St Mary's is committed to Child Safety.

We believe all children have the right to feel safe and be safe.

Absenteeism - Our follow up process

St Mary's, in line with government legislation, is required to follow up with families non explained absences.

If your child is absent from school for a relevant reason please use the App or call the office to inform them.

If absenteeism is not recorded or explained to the school by the family the school is now mandated to contact the emergency contacts on enrollment forms to follow up.

We thank you for your ongoing vigilance with this.



St Mary's Garden Walk

This year our Garden Walk will be held on Sunday 10th November. If anyone would like to pot up some plants to donate to the plant stall it would be greatly appreciated. Please contact the office if you are able to support this fund-raiser in anyway.

Our P&F will be leading this event within our community for anyone interested in supporting them!



Nude Food is back

St Mary's welcomes Nude food days back. Each week we will take active part in Nude Food on Tuesday and Thursdays! All classes will weigh their rubbish for rewards!



Passive Play for our cooler days

This week we have introduced some new, warm and calming activities for our learners on two lunch times a week. Mrs Arthur and Miss Wood have collaborated and are providing mindful colouring, calming crafts, playdough and puzzles to name a few in the warmth of the art studio. It is important that we can offer all learners engaging activities to enjoy their break times.



Child Safe Update



Thank you to the many families who have submitted the remains of their volunteer paper work to the office, it is greatly appreciated. Moving forward St Mary's will have a definitive audit of who is supportive of volunteering in the school. This process is in line with Child Safe standards and legislation.



A Reflection

National Reconciliation Prayer 2019

Creator Spirit,

All creation once declared your glory,
Your laws were honoured and trusted,

Forgive us our neglect as our country
approaches the most critical moment in its
history.

Listen to our prayer as we turn to you,
Hear the cry of our land and its people,
Just as you heard the cry of Jesus,
your Son, on the Cross.

Help us to replace our national shame
With true national pride by restoring the
dignity of our First People whose antiquity
is unsurpassed.

May our faith and trust in you increase.

Only then will our nation grow strong and
be a worthy place for all who wish to make
their home in our land.

Amen.

Canteen Reminder: Lunch Bags

Mrs Edge would like to remind everyone that all lunch orders, including CDFPay orders, must be accompanied by a named lunch order bag with the order clearly stated on the bag. Learners are to place their named lunch order bag in the classroom basket upon arrival at school. Re-usable lunch bags are available from the Office or can be ordered on CDFPay (under Uniforms).

Due to OH & S regulations we are unable to reheat food or add hot water to Learner's lunches.

Thank you for your support on this.



OUR LEARNING...

JUNIOR TEAM (Prep - Year 2)

This week the Prep – Year 2 learn have been counting to explore different life cycles. We have been building our vocabulary to use correct term when talking about life cycles. We have been exploring the cycle of water and the different stages that it goes through. In Numeracy the Prep learners are continuing to explore the seasons and the months of the year. The Year 1 learners have been continuing to build their understanding of counting by 2's. The Year 2 learners are continuing to build on their knowledge and understanding of multiplication and division. The Prep – Year 2 learners enjoyed their day at St Patrick's for Good Sam Cup. They enjoyed playing games and interacting with learners from the other school.

SENIOR TEAM (Year 3 - Year 6)

On Friday the whole school participated in the Good Samaritan Cup in Pyramid Hill. Learners did a great job, they were engaged and participated well. A wonderful day was had by all!

In the classroom, we are continuing to write persuasive texts to try and get the reader to agree with our point of view about a topic. On Tuesday our classes combined to start the process of speech writing for the Lions Club. We looked at examples of speeches and went through ideas that we could write about each topic. In maths we are learning different strategies to multiply single and double digit numbers.


schoolstream



St Mary's have been using School Stream as a way of connecting with parents. School Stream streamlines the communication of news, alerts, notices, events, reminders and much more to parents.

Download the app now and stay connected with the school.

iPhone / iPad iOS

1. From your mobile device go to the **App Store** search for **School Stream**
2. Tap the **FREE/GET** button to the right of the School Stream listing
3. Tap the **INSTALL** button
4. Enter your Apple ID and password & tap **OK**
5. Wait for the install icon to change to **OPEN**
6. Tap the **OPEN** button
7. You will be prompted to accept push notifications, you will need to select **OK**
8. Start typing **St Mary's Primary School (Cohuna)** into the search then **SELECT St Mary's Primary School (Cohuna)**




If you are viewing this page on your mobile device, visit the store link below.



Android / Tablet

1. From your mobile device go to the **Play Store** search for **School Stream**
2. Tap the School Stream listing
3. Tap the **INSTALL** button
4. Tap the **ACCEPT** button
5. Wait for the app to install then tap the **OPEN** button
6. Start typing **St Mary's Primary School (Cohuna)** into the search then **SELECT St Mary's Primary School (Cohuna)**
7. Tap the **DONE** button in the top left



If you are viewing this page on your mobile device, visit the store links below.





- Zoe Pollock - 29th May
- Lainie Spring - 1st June

Community Forum Invitation

Disability and Wellbeing in Gannawarra

Northern District Community Health, Cohuna District Hospital and Gannawarra Shire Council provide services to people with disabilities and their carers. We'd like to meet with local people to:

- Find out if there are ideas or needs we haven't thought of
- Tap into your networks to reach people we haven't heard from
- Find a way for people and local services to regularly share information that impacts on the wellbeing of people with disabilities and their carers
- Get feedback on our Disability Action Plans

This forum is intended for:

- People living with a disability
- Carers
- Family or friends of people with a disability
- People with an interest or knowledge of disability services

If you want to attend or be included for future updates, drop into or call NDCH on 5451 0200 or register at www.ndch.org.au. Tell us if you have any dietary requirements or support needs to attend the forum.

People who are deaf or have a hearing or speech impediment, can contact us through the National Relay Service.

- **TTY Users:** phone 133 677 then ask for 03 5451 0200
- **Speak & Listen (Speech to Speech) Users:** phone 1300 555 727 then ask for 03 5451 0200
- **Internet Relay Users:** connect NRS at www.iprelay.com.au, then enter 03 5451 0200



Wednesday 5 June 2019

10.30am to 12.30pm
NDCH Activity Room
33 King Edward St, Cohuna

6.30pm to 8.30pm
NDCH Activity Room 1
24 Fitzroy St, Kerang

Thursday 6 June 2019

12pm to 2pm
NDCH Activity Room 1
Fitzroy St, Kerang



NDCH

Northern District Community Health

Supporting healthy rural communities

Is your child a worrier?

Part 2 of a 5 week series providing steps to help you manage your child's anxiety.



Help recognize anxiety-causing events

There are many things that can cause anxiety in your child and they are different for each child. Events or situations that can cause anxiety can include:

- Stressful events
- Life changes
- Transitions
- Difficult experiences
- New or unfamiliar situations

Talk with your child about what may be causing them anxiety and help them to notice a pattern or common causes of anxiety for them. This can help you and your child manage upcoming events or anxiety-causing issues earlier or easier. If your child is not able to tell you what is causing them anxiety, pay attention to the events happening around them so that you may be able to identify a pattern later.

For more information check out the Parenting Ideas website [HERE](#)

www.ndch.org.au