



# St Mary's Newsletter

## WELCOME TO WEEK 4

It is with such sadness that we find ourselves back to remote schooling however the staff and learners of St Mary's will continue to be as positive as we can and do whatever it takes to get it done. We have been through this experience before and we were successful, and we will do it all again! Please know that we are here in support of all of our families and learners so please get in contact if concerns arise. We can only expect that we all simply try our best given the circumstances.

It is times like this that we again rely on our amazing parent supports more than ever. We do not expect you to take this journey alone, nor be the only teacher in this experience. What we do need is an expectation and encouragement of learning from home, trust in your child's teacher and make positive check ins with your child as once again the freedoms of their world are put on hold. In among the learning, be sure to have fun, turn off the screens, play a game, read a book, take a walk! All of those experiences are the most important at this time.

There is an increase to our onsite learners this time which at this stage in our area, given the facts and figures of cases we are happy to accommodate. I recognise that everyone remaining employed is essential. I do want to be clear that if our facts and figures or cases locate closer to our community that the onsite learning capabilities may change. I know our families will support the school and the staff to ensure everyone's health and well being is the priority. Onsite learners will be emailed additional information today.

As the school will only have minimal learners onsite there is no need to enforce a staggered pick up at the end of the day. Bus travelers are already staggered to meet the bus pick up. Learners who are collected by parents and family from the front will now all be called at the 3:15pm bell. Please remain at or in your cars and masked as per the Victorian State Government Guidelines.

There is a great deal of information being sent home to families at this time and I thank you for taking the time to process it all. Enjoy your day with your children today and we look forward to our first day of remote learning 2.0 tomorrow!

God Bless

*Jasmine Ryan (Principal)*



## DATES AHEAD

- 7th Aug - Pie Drive Money due to school
- 17th Aug - School Board Meeting @ 7pm
- 19th Aug: Victorian State Government Restrictions Reviewed
- 21st Aug - Book Exchange in LOTE room 12:00 - 2:00
- 24th Aug: P&F Meeting
- 25th Aug: Assembly - Virtual



St Mary's is a Child Safe School.

We promote the safety, wellbeing and inclusion of all children.

## A PRAYER

### A Prayer

This week in our prayer, we ask God to watch over us and bless us, as we go about our day to day activities, in our daily lives.

Dear Lord

Bless the work we do,  
the words we say,  
the love we share and the grace we show,  
on our daily walk through this beautiful  
and precious world.



## School Photos

School photos have been re-scheduled for Monday 26th October



## School Masses

All School masses will be canceled until further notice.



## PBIS

Respect for self.  
Being a resilient learner  
during remote learning.

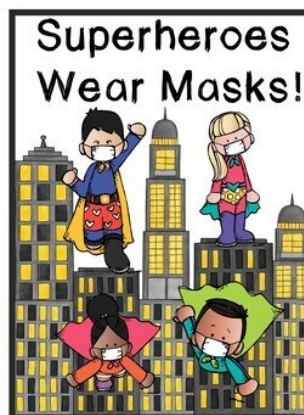


## It's Dental Health Week!

Dental health week runs from the 3rd-9th August. The NDCH have supplied some great tips for healthy teeth & gums below.



## BIRTHDAYS



St Mary's acknowledges and pays respects to the traditional custodians of the land on which we meet: the Barrapa Rappa People, and pay respects to elders both past and present.



- Liam Bowland 6th August

# OUR LEARNING

## JUNIOR TEAM

This week the Prep learners celebrated 100 days of school. They had so much fun celebrating with their buddies. The preps completed many activities throughout the day. They stacked 100 cups, added numbers to 100, counted to 100 and wrote 100 words. Thank you to the  $\frac{5}{6}$  buddies for helping them celebrate. Well done prep on achieving 100 day of school!

The Prep, year 1 and year 2 learners have been continuing to build their knowledge of phonics. The Preps have been learning to recognise vowels in words. The year 1 and year 2 learners are learning to recognise the difference between long and short vowel sounds in words.

This week the junior learners have begun their unit on information reports. They have completed their pre-assessment and have been introduced to the purpose and structure of an information report.

The prep learners are learning to share objects even between groups in mathematics. The year 1 and 2 learners are continuing to add Australian coins and notes. As well as learning to order objects based on length.

## PIE DRIVE

Our pie drive will go ahead as planned as we would like to honour the commitment we made with the Leitchville Red Gum Bakery. Order forms have been sent home with students and are due back with full payment no later than Friday August 7th. This can be dropped at school on this day, or email the form in and direct debit the funds.

Collection of pies will still take place on 20th August with some minor adjustments due to further restrictions. We are so pleased to be able to still do this, so please support as best you can!



## SENIOR TEAM

The Year 3/4 learners have enjoyed learning some new collaborative learning roles to build a model of an eye in Inquiry. We are continuing to build on our inferring skills in reading through inferring character emotions and traits in the texts that we read. In Mathematics, we are continuing our learning with addition and subtraction. Learners are amazing mathematicians using mathematical vocabulary to share and reflect on the strategies they are using.

The Year 5/6 learners loved dressing up for their buddies 100 days of school. We enjoyed writing together and having a yummy morning tea. We are continuing to create poetry using figurative language to describe ourselves and our favourite place in the world. In Mathematics, we are consolidating our understanding of subtraction. In Inquiry, we have created a timeline of the history of lights and sorted the difference between natural and artificial lights. We created a model of an eye and looked at how the eye allows us to see light.





**WHAT TO DO?**  
Complete the "First Stage - Application for Enrolment Form" found on our website. Return ASAP

**NOW ENROLING FOR 2021**

**WHAT'S NEXT?**  
A "Second stage Enrolment Form" will be sent to families

Schedule a family meeting and active tour

Return all documentation relating to enrolment by 28th August 2020.

NDCH-your first port of call in the pursuit of good health!

**Dental Health Week 3 – 9 August**

**HOW MUCH SUGAR IS HIDING IN YOUR TROLLEY?**  
Sugar can be harmful to teeth. Food items often have added hidden sugars. Have no more than 6 teaspoons of sugar per day. Choose foods with less than 10 grams of sugar per 100 grams. Look out for hidden sugars by reading food labels.

**TIPS FOR LOOKING AFTER YOUR CHILDREN'S TEETH**

**DRINK WELL**  
Drink mostly tap water. Limit sugary drinks – flavoured milk, soft drink and juice can be harmful to teeth. Choose plain milk over flavoured milk.

**EAT WELL**  
Enjoy a variety of nutritious foods from the 5 food groups every day – fruit, dairy, vegetables, grains, lean meats & poultry. Limit foods containing added sugar, especially between meals.

**CLEAN WELL**  
Brush teeth and along the gum line, morning & night. Use low-fluoride tooth for children aged 18 months – 6 years old. Use fluoride toothpaste after this.

**VISIT THE DENTIST**  
Don't wait until something is wrong – many problems can be prevented or treated. Children should visit the dentist every 6 months.

[www.ndch.org.au](http://www.ndch.org.au)

## COVID-19 TESTING

### Screening and Assessment Clinic

Anyone who has any symptoms, no matter how mild, such as a runny nose or scratchy throat, should stay home and get tested.

### STEP 1 – PHONE FIRST

Call the NDCH hotline to discuss your symptoms.  
Monday to Friday – 9.00am to 12 Noon

03 5451 0200

### STEP 2 – SWABBING CLINIC

Testing is available by appointment only, in Kerang, Cohuna and Boort.  
Monday to Friday – In the afternoon

**Having a test is free.**

This is **NOT** a standard Medical Clinic service. Walk up appointments are **NOT** available. **You must phone first.**

### STEP 3 – STAY HOME

After your test, you must stay home until you get your test results back.

If you have symptoms and are unable to travel, Gannawarra Shire Council is providing a transport service to any testing clinics held in Gannawarra townships. Please call 5450 9333 for this service.

Check the NDCH Facebook page and community newsletters for information about pop-up testing clinics in the Gannawarra Shire in the coming weeks.

### Common symptoms of Coronavirus are:

#### Temperature

Including fever or chills



#### Breathing Difficulties

Including breathlessness or sore throat



#### Fatigue or Tiredness



#### Cough or Runny/Stuffy Nose



#### Headache or Body Aches and Pains



#### Lack of Taste or smell, Nausea, Vomiting, Diarrhoea



## Guidelines on Wearing a Protective Mask In Public and at Work

### Together We Will Beat Coronavirus

1. Coronavirus is transmitted in droplets
2. A protective mask lowers the risk of infecting and of being infected
3. In public and at work people must wear protective masks, at home there is no need
4. The type of recommended mask for the public: a regular mask or a home-made mask
5. For a home mask, use densely woven cotton fabric that is not stretchy, (such as fabric of a percale or satin bed sheet, folded into 3 layers)
6. It is important that the mask fit the nose and mouth tightly

**Remember:**

- Wear out masks, do not protect
- Check that the mask does not cause difficulty breathing
- Patients with heart or lung disease should exercise caution
- Wash hands after touching the mask to prevent transmission of the virus

