

ST MARY'S CANTEEN SUMMER MENU

TERM 4 2019

St Mary's School offers fresh, affordable quality food choices for our learners to ensure the whole school is well nourished throughout the day.

FRESH IS BEST!

CHICKEN & SALAD WRAP 4.50

Diced Roast Chicken, shredded lettuce, grated carrot, beetroot, tomato and cheese.

HAM & SALAD WRAP 4.50

Ham, shredded lettuce, grated carrot, beetroot, tomato & cheese.

CHICKEN, LETTUCE & MAYO WRAP 4.00

Diced roast chicken, shredded lettuce and mayonaise.

RAINBOW SALAD CUPS 4.50

Layered salad cups with lettuce, grated carrot, diced tomato, corn and your choice of tuna or diced roast chicken.

BAKED POTATO 4.50

Baked Potato filled with Coleslaw and a dollop of sour cream

FRESH CORN ON THE COB 2.50

served warm with Herb Butter

SANDWICHES

HAM & CHEESE 2.80

HAM, CHEESE & TOMATO 3.00

CHEESE & TOMATO 2.80

CHICKEN & CHEESE 3.00

BAKED BEANS 2.80

Sandwiches available to be toasted on request.
White or Multigrain

SWEET & FRESH!

FRESH FRUIT FIESTA

4.50

Watermelon, Orange, Kiwi Fruit & Strawberries

FROZEN BANANA POPS

2.50

Frozen Banana dipped in yoghurt & toasted Coconut

VAALIA YOGHURT TUBES

3.00

Strawberry or Vanilla

SWEET CHILLI WRAP 5.00

Sweet Chilli Chicken Tender Strips with lettuce, tomato, cheese & mild sweet chilli sauce.

CLASSIC CRUMB CHICKEN TENDER WRAP 5.00

Plain Crumb Chicken Tenders with lettuce, tomato & cheese.

CHICKEN NUGGETS 60c each FISH FINGERS 60c each

MILKSHAKES WITH SIPPAAH STRAWS 2.00

Cocoa Bean Chocolate, Licious Strawberry, Velvety Vanilla, Banana Smoothie, Cookies & Cream & Chilled Out Choc Mint

All milkshakes served with 200mls light milk & shaken for FUN!

JUST JUICE 2.00

Apple, Orange, Paradise Punch or Apple & Blackcurrant

PADDLE POPS 2.00

Rainbow & Banana

